FINA DEGREE OF DIFFICULTY TABLE – EFFECTIVE FOR THE 2012/3 NVSL DIVE SEASON (See paragraph 7.a. of the 2013 NVSL Dive Rules for application of this table. 2012 table OK for use.)

APPENDIX 2

FINA TABLE OF DEGREE OF DIFFICULTY

In the following table, the dive (-) is not possible and the empty spaces have not been calculated. EFFECTIVE 15 SEPTEMBER 2009

	Springboard	1 metre				3 metre				
		Straight	Pike	Tuck	Free	Straight	Pike	Tuck	Free	
	Forward Group	A	в	с	D	A	в	с	D	
101	Forward Dive	1.4	1.3	1.2	-	А 1.6	1.5	1.4	-	
102	Forward Somersault	1.4	1.5	1.4	-	1.0	1.6	1.4	-	
102	Forward 1 ½ Somersault	2.0	1.7	1.4	-	1.9	1.6	1.5	-	
103	Forward Double Somersault	2.6	2.3	2.2	-	2.4	2.1	2.0	-	
104	Forward 2 1/2 Somersault	2.0	2.6	2.2	-	2.4	2.4	2.0	-	
105	Forward Triple Somersault		3.2	2.9	-	2.0	2.4	2.5	-	
107	Forward 3 ½ Somersault		3.3	3.0	-		3.1	2.5	-	
109	Forward 4 ½ Somersault		3.5	5.0	-		4.2	3.8	-	
112	Forward Flying Somersault		1.7	1.6	-		1.8	1.7	-	
113	Forward Flying 1 ½ Somersault		1.9	1.8	-	-	1.8	1.7	-	
115	Forward Flying 2 ½ Somersault	-	1.9	1.0	-	-	2.7	2.5	-	
115	Forward Flying 2 ½ Somersault	-			-	-	Z.1	2.0	-	
	Back Group	Α	В	С	D	Α	В	С	D	
201	Back Dive	1.7	1.6	1.5	-	1.9	1.8	1.7	-	
202	Back Somersault	1.7	1.6	1.5	-	1.8	1.7	1.6	-	
203	Back 1 1/2 Somersault	2.5	2.3	2.0	-	2.4	2.2	1.9	-	
204	Back Double Somersault		2.5	2.2	-	2.5	2.3	2.0	-	
205	Back 2 ½ Somersault		3.2	3.0	-	2.0	3.0	2.8	-	
206	Back Triple Somersault		3.2	2.9	-		2.8	2.5	-	
207	Back 3 1/2 Somersault		0.2	2.0	-		3.8	3.5	-	
209	Back 4 1/2 Somersault				-		4.6	4.3	-	
212	Back Flying Somersault		1.7	1.6	-	-	1.8	1.7	-	
213	Back Flying 1 ½ Somersault		1.7	1.0	-	-	1.0	2.1	-	
215	Back Flying 2 ½ Somersault						3.3	3.1		
215	Data Hijing 2 /2 Combrodan						0.0	0.1	_	
	Reverse Group	А	В	С	D	Α	В	С	D	
301	Reverse Dive	1.8	1.7	1.6	-	2.0	1.9	1.8	-	
302	Reverse Somersault	1.8	1.7	1.6	-	1.9	1.8	1.7	-	
303	Reverse 1 1/2 Somersault	2.7	2.4	2.1	-	2.6	2.3	2.0	-	
304	Reverse Double Somersault	2.9	2.6	2.3	-	2.7	2.4	2.1	-	
305	Reverse 2 1/2 Somersault		3.2	3.0	-	3.4	3.0	2.8	-	
306	Reverse Triple Somersault		3.3	3.0	-		2.9	2.6	-	
307	Reverse 3 1/2 Somersault				-		3.8	3.5	-	
309	Reverse 4 1/2 Somersault				-		4.8	4.5	-	
312	Reverse Flying Somersault	-	1.8	1.7	-	-	1.9	1.8	-	
313	Reverse Flying 1 ½ Somersault	-	2.6	2.3	-	-	2.5	2.2	-	
					_					
	Inward Group	A	B	с	D	A	В	C	D	
401	Inward Dive	1.8	1.5	1.4	-	1.7	1.4	1.3	-	
402	Inward Somersault	2.0	1.7	1.6	-	1.8	1.5	1.4	-	
403	Inward 1 ½ Somersault		2.4	2.2	-		2.1	1.9	-	
404	Inward Double Somersault		3.0	2.8	-		2.6	2.4	-	
405	Inward 2 1/2 Somersault		3.4	3.1	-		3.0	2.7	-	
407	Inward 3 1/2 Somersault		3.7	L	-		3.7	3.4	-	
409	Inward 4 1/2 Somersault				-		4.5	4.2	-	
412	Inward Flying Somersault	-	2.1	2.0	-	-	1.9	1.8	-	
413	Inward Flying 1 ½ Somersault	-	2.9	2.7	-	-	2.6	2.4	-	
	Twisting Group	Α	в	с	D	A	В	с	D	
5111	Forward Dive ½ Twist	1.8	1.7	1.6	-	2.0	1.9	1.8	-	
5112	Forward Dive 1 Twist	2.0	1.9	1.0	-	2.2	2.1		-	
5121	Forward Somersault 1/2 Twist	-	-	-	1.7	-	-	-	1.8	
5122	Forward Somersault 1 Twist		-	-	1.9	-	-	-	2.0	
5124	Forward Somersault 2 Twists	-	-	-	2.3	-	-	-	2.4	
	Forward Somersault 3 Twists		-	-	2.8	-	-	-	2.9	
512h			-			-		-		
5126 5131	Forward 1 1/2 Somersault 1/2 Twist		-	-	20		-	-	19	
5126 5131 5132	Forward 1 ½ Somersault ½ Twist Forward 1 ½ Somersault 1 Twist	-	-	-	2.0	-	-	-	1.9 2.1	

FINA DEGREE OF DIFFICULTY TABLE – EFFECTIVE FOR THE 2012/3 NVSL DIVE SEASON (See paragraph 7.a. of the 2012 NVSL Dive Rules for application of this table. 2012 table OK for use.)

	Springboard	1 metre				3 metre				
		Straight	Pike	Tuck	Free	Straight	Pike	Tuck	Free	
	Twisting Group	Α	В	С	D	A	В	С	D	
5136	Forward 1 ½ Somersault 3 Twists	-	-	-	3.1	-	-	-	3.0	
5138	Forward 1 ½ Somersault 4 Twists	-	-	-	3.5	-	-	-	3.4	
5151	Forward 2 ½ Somersault ½ Twist	-	3.0	2.8	-	-	2.8	2.6	-	
5152	Forward 2 1/2 Somersault 1 Twist	-	3.2	3.0	-	-	3.0	2.8	-	
5154	Forward 2 1/2 Somersault 2 Twists	-	3.6	3.4	-	-	3.4	3.2	-	
5156	Forward 2 1/2 Somersault 3 Twists	-			-	-	3.9	3.7	-	
5172	Forward 3 1/2 Somersault 1 Twist	-			-	-	3.7	3.4	-	
5211	Back Dive 1/2 Twist	1.8	17	1.6		2.0	19	1.8		
5212	Back Dive 12 Twist Back Dive 1 Twist	2.0	1.1	1.0	-	2.0	1.9	1.0	-	
52212	Back Somersault ½ Twist				- 17				18	
5221	Back Somersault 1 Twist	-	-	-	1.7	-	-	-	2.0	
5222	Back Somersault 1 ½ Twists	-	-	-	2.3		-	-	2.0	
5225	Back Somersault 2 ½ Twists		-	-	2.3		-	-	2.4	
5225	Back Somersault 2 1/2 Twists Back Somersault 3 1/2 Twists		-	-	3.2		-	-	2.8	
5231	Back 30mersault 3 ½ Twists	-		-	2.1	-	-	-	2.0	
5233	Back 1 ½ Somersault 1½ Twist		-		2.1	-		-	2.0	
	Back 1 ½ Somersault 2 ½ Twists		-	-		-	-	-		
5235 5237	Back 1 ½ Somersault 2 ½ Twists Back 1 ½ Somersault 3 ½ Twists		-	-	2.9		-	-	2.8	
5237	Back 1 ½ Somersault 4 ½ Twists	-	-	-			-	-	3.3	
5259	Back 2 ½ Somersault ½ Twists		-	2.7			2.7	2.5		
5253	Back 2 ½ Somersault 1½ Twist		2.9	Z.1	-		3.3	2.5	-	
5255	Back 2 ½ Somersault 1 ½ Twists Back 2 ½ Somersault 2 ½ Twists				-		3.3	3.5	-	
9299	Dack 2 1/2 Somersault 2 1/2 Twists	-			-	-	3.1	3.0	-	
5311	Reverse Dive ½ Twist	1.9	1.8	1.7	-	2.1	2.0	1.9	-	
5312	Reverse Dive 1 Twist	2.1			-	2.3			-	
5321	Reverse Somersault 1/2 Twist		-	-	1.8	- 1	-	-	1.9	
5322	Reverse Somersault 1 Twist		-	-	2.0	- 1	-	-	2.1	
5323	Reverse Somersault 1 1/2 Twists	-	-	-	2.4	-	-	-	2.5	
5325	Reverse Somersault 2 1/2 Twists	-	-	-	2.8	- 1	-	-	2.9	
5331	Reverse 1 1/2 Somersault 1/2 Twist	-	-	-	2.2	-	-	-	2.1	
5333	Reverse 1 1/2 Somersault 1 1/2 Twists	-	-	-	2.6	-	-	-	2.5	
5335	Reverse 1 1/2 Somersault 2 1/2 Twists	-	-	-	3.0	-	-	-	2.9	
5337	Reverse 1 1/2 Somersault 3 1/2 Twists	-	-	-	3.5	-	-	-	3.4	
5339	Reverse 1 1/2 Somersault 4 1/2 Twists	-	-	-		- 1	-	-	3.8	
5351	Reverse 2 1/2 Somersault 1/2 Twist	-	2.9	2.7	-	- 1	2.7	2.5	-	
5353	Reverse 2 ½ Somersault 1 ½ Twists	-	3.5	3.3	-	- 1	3.3	3.1	-	
5355	Reverse 2 1/2 Somersault 2 1/2 Twists	-	3.9	3.7	-	- 1	3.7	3.5	-	
5371	Reverse 3 1/2 Somersault 1/2 Twist	-			-	-	3.4	3.1	-	
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5411	Inward Dive 1/2 Twist	2.0	1.7	1.6	-	1.9	1.6	1.5	-	
5412	Inward Dive 1 Twist	2.2	1.9	1.8	-	2.1	1.8	1.7	-	
5421	Inward Somersault ½ Twist	-	-	-	1.9	-	-	-	1.7	
5422	Inward Somersault 1 Twist	-	-	-	2.1	-	-	-	1.9	
5432	Inward 1 ½ Somersault 1 Twist	-	-	-	2.7	-	-	-	2.4	
5434	Inward 1 ½ Somersault 2 Twists	-	-	-	3.1	-	-	-	2.8	
5436	Inward 1 ½ Somersault 3 Twists	-	-	-		-	-	-	3.5	