

# **NVSL DIVING**

**DIVISION II**



**DIVISION CHAMPIONSHIP**

**AT**

**Donaldson Run**

**July 23, 2023**

## ESTIMATED TIME SCHEDULE

Check-in Begins

7:30 AM

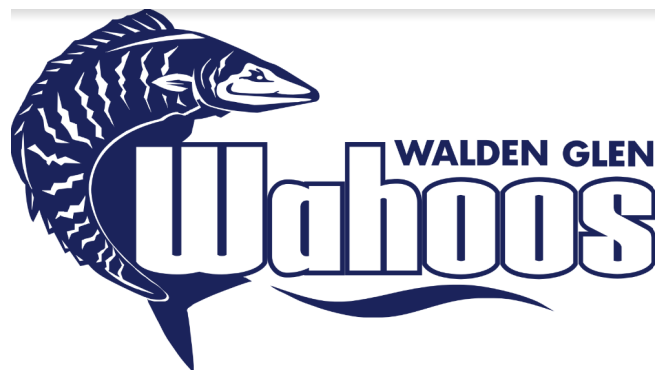
Group	WARM-UPS	START	END	# of DIVES	# of DIVERS
FRESHMAN GIRLS	7:45 AM	8:00 AM	8:23 AM	3	13
FRESHMAN BOYS	8:23 AM	8:40 AM	9:03 AM	3	13
JUNIOR GIRLS	9:03 AM	9:20 AM	9:48 AM	4	12
JUNIOR BOYS	9:48 AM	10:05 AM	10:33 AM	4	12
AWARDS		10:33 AM	10:43 AM		
INTERMEDIATE GIRLS	10:43 AM	11:00 AM	11:35 AM	5	12
INTERMEDIATE BOYS	11:35 AM	11:52 AM	12:27 PM	5	12
SENIOR GIRLS	12:27 PM	12:44 PM	1:19 PM	6	11
SENIOR BOYS	1:19 PM	1:36 PM	2:11 PM	6	10

PLEASE BE THERE 30 MINUTES BEFORE YOUR EVENT. WARM-UPS WILL BE IMMEDIATELY **BEFORE** YOUR START TIME FOR APPROXIMATELY A 15-25 MINUTE PERIOD.

THE AWARDS FOR EACH GROUP WILL BE PRESENTED DURING THE WARM-UP PERIOD FOR THE NEXT GROUP. THE DIVISION CHAMPIONSHIP TROPHY AND THE SPORTSMANSHIP AWARD WILL BE PRESENTED AFTER THE JUNIOR BOYS COMPETITION.

**Special thanks and appreciation to the Donaldson Run dive team representatives, divers and parents, staff, and other members who kindly provided us the use of their facilities to hold the Division II meet this year. Many thanks to all meet officials at the tables and on the decks whose help is so essential to meet operations.**

**A true thank you to the coaches for their caring help that goes beyond teaching dives. And the greatest of thanks to all the divers in Division II, who have shared their talents with us this season.**



## QUALIFYING FOR ALL-STARS

The highest three scores (1 through 3) in each event are eligible for the All-Stars meet. The next three finishers (4 through 6) will be the alternates for his/her age group and any one of them will be able to participate in All-Stars if any one of the top three qualifiers are unable to attend.

Divers who placed in the top eight in the previous year's All-Stars meet AND who finish no lower than first alternate (4th Place) in this year's divisional championship meet qualify for the All-Stars meet.

2022's All-Stars top eight finishers now diving in Division II are:

FB-Amir Owens (HV)

JG-Julianna Butler (HF)

JG-Lily Klein (DR)

JG-Kenly McAllister (O)

JB-Lucas Moreno (KG)

IG- Stella Barclay (O)

SG-Jocelyn Brooks (KG)

SG-Jessica Buechler (WG)

SG-Sophie Deegan (O)

SG-Michayla Eisenberg (O)

SB-Fin Belt (HF)

SB-Porter Parish (DR)

Additionally, divers who achieve a divisional championship meet score equal to or greater than the average fifth place All-Stars score for their age group (listed below) will qualify for the All-Stars meet regardless of place finish.

### Average All-Stars Fifth Place Scores

Freshman Girls	71.16	Freshman Boys	69.06
Junior Girls	102.47	Junior Boys	98.77
Intermediate Girls	137.01	Intermediate Boys	136.28
Senior Girls	183.98	Senior Boys	200.48

## **TEAM COACHES**

Donaldson Run	Head Coach: Brian Coonce Assistant Coach: Peter Fleckenstein Coaches: Ellie Simmons, Emma Webb, Elise Maher, Jenna Scheetz, & Jack Reed
Hayfield Farm	Head Coach: Lauren Graf Assistant Coach: Matthew Fitzsimmons Developmental Coach: Will Townes
Hunt Valley	Head Coach: Dane Kudlacik Assistant Coaches: Nora Blasch, Valerie Christopher, & Madeline Orchard
Kent Gardens	Head Coach: Leigh Anne Methlie & Sina Naeemi
Overlee	Head Coach: John Barry & Dani Seltzer Junior Coaches: Michayla Eisenberg
Walden Glen	Head Coach: Max Fowler Assistant Coaches: Jaden Buechler, Sophia Getty, & Aidan Smith

## **TEAM REPRESENTATIVES**

Donaldson Run	Sarah McDonnell & Wes Bowman
Hayfield Farm	Sherri Peters & Susanna Butler
Hunt Valley	Judy Baltas & Alicia Ogrodny
Kent Gardens	Karen Denniston & Malia Asfour
Overlee	Shalla Ross & Deb Cohen
Walden Glen	Steve Petrick

## **MEET OFFICIALS**

Division Coordinators: Mike Schaffer (HF) & Judy Baltas (HV)  
Meet Managers: Wes Bowman (DR) & Sarah McDonnell (DR)  
National Anthem: Lauren Graf (HF)

**Division 2 FRESHMAN DIVERS**

(Ages 10 and under)

<b><u>FRESHMAN GIRLS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Abby Lee	Hayfield Farm	_____	_____
Holly Denniston	Kent Gardens	_____	_____
Ramona Greeney	Walden Glen	_____	_____
Ava Kowalchick	Hayfield Farm	_____	_____
Milla Schymanski	Kent Gardens	_____	_____
Alex Klimek	Donaldson Run	_____	_____
Norah Wittman	Kent Gardens	_____	_____
Payton Bennett	Hunt Valley	_____	_____
Greta Bowser	Overlee	_____	_____
Caroline Van Order	Kent Gardens	_____	_____
Pippa Chin-Fatt	Donaldson Run	_____	_____
Emmie Waltrup	Overlee	_____	_____
Julia Denniston	Kent Gardens	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Division 2 FRESHMAN DIVERS (Cont.)**

(Ages 10 and under)

<b><u>FRESHMAN BOYS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
West Carter	Hayfield Farm	_____	_____
Tanner Bennett	Hunt Valley	_____	_____
Max Ungerleider	Hayfield Farm	_____	_____
John Mulcahy	Hunt Valley	_____	_____
Luke Joyner	Kent Gardens	_____	_____
Ravi Martinez	Donaldson Run	_____	_____
Keegan Donnelly	Walden Glen	_____	_____
Carsten Stewart	Hayfield Farm	_____	_____
Brennan Donnelly	Walden Glen	_____	_____
Carter Williams	Overlee	_____	_____
Adam Ogrodny	Hunt Valley	_____	_____
Will McCool	Donaldson Run	_____	_____
Ben Lyon	Hayfield Farm	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Division 2 JUNIOR DIVERS**

(Ages 11 and 12)

<b><u>JUNIOR GIRLS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Annie Buczek	Overlee	_____	_____
Maggie Donnelly	Walden Glen	_____	_____
Taylor McDonnell	Donaldson Run	_____	_____
Addison Bennett	Hunt Valley	_____	_____
Kenly McAllister	Overlee	_____	_____
Julianna Butler	Hayfield Farm	_____	_____
Chloe Niphadkabin	Hunt Valley	_____	_____
Isabelle Quinn	Hayfield Farm	_____	_____
Lily Klein	Donaldson Run	_____	_____
McKay Deegan	Overlee	_____	_____
Sophie Leland	Hunt Valley	_____	_____
Josie Malko	Overlee	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____



**Division 2 JUNIOR DIVERS (Cont.)**

(Ages 11 and 12)

<b><u>JUNIOR BOYS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Gavan Nasr	Kent Gardens	_____	_____
Derek Baltas	Hunt Valley	_____	_____
Jonah Lanthier	Walden Glen	_____	_____
Archer Kouhestani	Overlee	_____	_____
Luke Peters	Hayfield Farm	_____	_____
Colson Gardiner	Hunt Valley	_____	_____
Carter Addison	Donaldson Run	_____	_____
Lucas Moreno	Kent Gardens	_____	_____
Ren Newton	Overlee	_____	_____
Reagan Diaz	Kent Gardens	_____	_____
Eli Chin-Fatt	Donaldson Run	_____	_____
Will Copes	Hayfield Farm	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Division 2 INTERMEDIATE DIVERS**

(Ages 13 and 14)

<b><u>INTERMEDIATE GIRLS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Ziya Bhasin	Kent Gardens	_____	_____
Jessica Buechler	Walden Glen	_____	_____
Scarlett Waltrup	Overlee	_____	_____
Teagan Wielechowski	Kent Gardens	_____	_____
Audrey Bowman	Donaldson Run	_____	_____
Emma Kowalchick	Hayfield Farm	_____	_____
Isabella	Walden Glen	_____	_____
Uribarri-Tibabuzo			
Stella Barclay	Overlee	_____	_____
Cate Lawler	Kent Gardens	_____	_____
Maeve McGuire	Hayfield Farm	_____	_____
Georgi Malko	Overlee	_____	_____
Clover Kennelly	Hayfield Farm	_____	_____

**Division 2 INTERMEDIATE DIVERS (Cont.)**

(Ages 13 and 14)

<b><u>INTERMEDIATE BOYS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Haynes Deegan	Overlee	_____	_____
Jake Henderson	Walden Glen	_____	_____
Michael Staren	Donaldson Run	_____	_____
Issa Owens	Hunt Valley	_____	_____
Noah Pera	Walden Glen	_____	_____
Joseph Ogrodny	Hunt Valley	_____	_____
Ramsay Latham	Walden Glen	_____	_____
Sam Mulchandani	Donaldson Run	_____	_____
Henry Phoel	Kent Gardens	_____	_____
Kaleb Wisner	Hunt Valley	_____	_____
Nicky Tressler	Overlee	_____	_____
Asher Lanthier	Walden Glen	_____	_____

**Division 2 SENIOR DIVERS**

(Ages 15-18)

<b><u>SENIOR GIRLS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Francesca Pereira	Kent Gardens	_____	_____
Sophie Deegan	Overlee	_____	_____
Meghan Lewis	Hayfield Farm	_____	_____
Charlotte Petrick	Walden Glen	_____	_____
Nora Blasch	Hunt Valley	_____	_____
Emma Webb	Donaldson Run	_____	_____
Madeline Orchard	Hunt Valley	_____	_____
Sophia Getty	Walden Glen	_____	_____
Michayla Eisenberg	Overlee	_____	_____
Mirabella Lanthier	Walden Glen	_____	_____
Elise Maher	Donaldson Run	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Division 2 SENIOR DIVERS (Cont.)**

(Ages 15-18)

<u>SENIOR BOYS</u>		<u>SCORE</u>	<u>PLACE</u>
Ward Gardiner	Hunt Valley	_____	_____
Jack Reed	Donaldson Run	_____	_____
Sean Memon	Kent Gardens	_____	_____
Fin Belt	Hayfield Farm	_____	_____
Porter Parish	Donaldson Run	_____	_____
Jad Brubaker	Kent Gardens	_____	_____
Jaden Buechler	Walden Glen	_____	_____
Will Townes	Hayfield Farm	_____	_____
Jack Bowman	Donaldson Run	_____	_____
Max Fowler	Walden Glen	_____	_____

## MEET VOLUNTEERS – DIVISION II

### TABLE WORKERS

Event	Job	Volunteer
Freshman Girls & Boys	Table Scorekeeper	Ana Alarcon (KG)
	Table Scorekeeper	Melanie Forshey (HF)
	Table Calculator	Sheri Peters (HF)
	Table Calculator	Tom Mulcahy (HV)
Junior Girls & Boys	Table Scorekeeper	Amanda Whittman (KG)
	Table Scorekeeper	Karen Denniston (KG)
	Table Calculator	Angela Getty (WG)
	Table Calculator	Anjali Martinez (DR)
Intermediate Girls & Boys	Table Scorekeeper	Damask Petrick (WG)
	Table Scorekeeper	Cy Kouhestani (O)
	Table Calculator	Marlow Townes (HF)
	Table Calculator	Tracey Gardiner (HV)
Senior Girls & Boys	Table Scorekeeper	Tracey Tressler (O)
	Table Scorekeeper	Claudia Tielking (KG)
	Table Calculator	Beau Bailey (DR)
	Table Calculator	Matt Getty (WG)

# JUDGES

Role	Freshman Events	Junior Events	Intermediate Events	Senior Events
Announcer	Jennifer Mulchandani	Jennifer Mulchandani	Kurt Burgeson	Kurt Burgeson
Referee	Jim Sweeder	Mike Schaeffer	Mike Schaeffer	Jim Sweeder (Referee)
Judge 1	Sandy Graf	Jeff Denniston	Mouse Barry	Sarah Kowalchick
Judge 2	Malia Asfour	Alan Eisenberg	Ed Gardiner	Mike Schaeffer
Judge 3	Larry Brooks	Sarah Kowalchick	Leslie Reed	Mark Moyer
Judge 4	Chris Lanthier	Mouse Barry	Shalla Ross	Stacey Brooks
Judge 5	Cristina Pereira	Shalla Ross	Katie McAllister	Larry Brooks
Judge 6	Bryan McDonnell	Ed Gardiner (JG)/ Larry Brooks (JB)	Stacey Brooks	Ed Gardiner (SG)/ Steve Petrick (SB)

## **GRADUATING SENIORS**

### **Elise Maher (Donaldson Run)**

Five years ago, when Elise was 13 years old, she attended her first dive practice. Since it was her first time she did what the coaches asked her to do.....jump, dive straight, etc. --- basic things to assess new divers' skills. When practice was over, Elise asked if she could now do whatever she wanted and the coaches said, "sure!" To everyone's surprise, Elise started doing flips. When they asked why she didn't do them earlier, she said, "you didn't ask me to" ....hilarious!! She found not only a great fit with the sport, but also the past five years has provided an opportunity for personal growth, lots of time for friends and fun, and experiences she can look back on fondly.

In addition, the opportunity to assist with coaching has been a true blessing. Elise has developed a wonderful bond with amazing coaches and relationships that we are sure will last for many years to come. To have such incredible mentors to shadow has given Elise new skills and confidence to take to her next phase in life in college and beyond. Elise will be attending VCU this Fall, with a concentration in either advertising or media production.

### **Emily Taylor (Hayfield Farm)**

Emily has spent the last 2 years diving for the Hayfield Farm dive team and Hayfield Secondary High School. She has also swam competitively for the for the last 13 years and spent this past year as a captain of the Hayfield swim team. Her favorite memory was her first dive meet when she completed all her dives legally. Emily Taylor will be attending the University of Alabama where she will be studying nursing.

### **Megan Lewis (Hayfield Farm)**

Meghan Lewis and this is my second year on the dive team. Her favorite memory is diving with all of the new senior girls at their first dive meet last year after joining the team mid-season. She would like to thank her family for their support and the dive team for creating such a positive environment. In the fall she will be attending Florida State University majoring in business.



**Fin Belt (Hayfield Farm)**

Fin Belt has been diving for Hayfield Farms for 8 years. His favorite memory is going to far away meets with his friends, breaking the intermediate and senior records, placing third at All-Stars, competing at the state championship and recruiting his friends to join the dive team. He would like to thank his parents, brothers and grandparents and all his friends and family for supporting him along the way. Fin will be attending Virginia Tech University and will be majoring in computational modeling and data analytics.

**Nora Blasch (Hunt Valley)**

Nora has been diving with Hunt Valley for 8 years and coaching for 4. She was a district and regional qualifying diver for West Springfield High School, as well as a gymnast for Capital Gymnastics NTC. Her favorite memories from dive include learning how to do a back twister and running around in the rain with her teammates during a sudden downpour. She would like to give a special thanks to coach Jill for her endless support and superior braiding skills, and coach Timmy for his adaptability and kindness. Nora will attend Penn State Behrend this fall for nursing and diving.

**Finn Gelback (Hunt Valley)**

Finn graduated from The Heights School, where he was a Jackson Scholar and played varsity Lacrosse all four years, Soccer his freshman and sophomore year, and was on the Swim and Dive Team all four years.

He first started diving when he was 7 years old after hitting his head on the board trying a dive for the first time while being “encouraged” by his older siblings. At that point, Finn decided that he liked diving but wanted to learn how to do it, so he started practicing with Coach Tim Fisher and the Alexandria Dive Club. Finn has received numerous awards and recognition for diving at the NVSL, High School and the National Level.

Finn is attending the United States Naval Academy where he will continue to dive for Navy at the collegiate D1 Level. He wishes to thank all the HV coaches and dive reps that have helped to build the team over the years and wishes all success to the team for the rest of the summer!

**Madeline Orchard (Hunt Valley)**

Maddie has been diving at Hunt Valley for 7 years. Maddie has been a coach at Hunt Valley for the last 4 years. Her calm demeanor and her cheerfulness is such an asset with teaching divers. Her favorite memories are when we float the mats in the pool at fun day. Maddie is known for her fearlessness in diving and we have many photos of her awesome smacks! Maddie will be attending the University of Notre Dame this fall to study engineering.

**Rachel Tielking (Kent Gardens)**

Rachel has been diving for 12 years and loves to do her front dive pike. Her favorite memory is the Wally Martin synchro meet in 2018 where she got to compete with her close friend Michelle. Rachel will be attending Lafayette college this Fall and majoring in civil engineering. She would like to thank her coaches, especially Leigh Anne and Sina, for all they have done to help her improve and her parents for supporting her and the dive program as a whole. Lastly, she would like to thank all of her teammates, whom she greatly enjoyed diving and coaching with.

**Jad Brubaker (Kent Gardens)**

Jad has been diving for 12 years and loves to do his Front 2 ½ Somersault Tuck. His favorite memories are flip wars on fun day. Jad will be attending JMU this fall with his major still to be determined. He would like to thank Sina and Leigh Anne especially for everything they have done for him on and off of the diving boards since he joined the team. Through all the highs and lows this sport brings there is no one that has supported him more than Leigh Anne. He also wants to thank his mother for all the long car rides to and from practices and being a part of this family and supporting the KGRC dive program since he joined the team.

**Emma Webb (Donaldson Run)**

Emma has been diving for Donaldson Run since she was 5 years old. An athlete at a young age, she fell in love with this sport while working with outstanding coaches in the DMV like Bobby Meeks, John Berry, Leigh Ann Methlie-Stephens, Eric Wagner and the DRRRA coaches including, Blair, Peter, and Brian.

Diving has helped Emma through the vision challenges she's had since birth. With severe myopia and strabismus and the reality that she was blind on the board—she had to rely on muscle memory, and good listening skills. She could only hear the instructions of the coach; she couldn't see the coaches physical illustrations of the dives. Without her glasses, she couldn't see the other divers perform to get hints on how to improve her dive. She learned to verbalize and visualize for her own benefit based on muscle memory. Emma wrote in her college essay that, "Feeling the board beneath her feet is when her mind is at peace and is turned off from the outside chaos." Diving without good eyesight allowed her to build confidence in other athletic skills.

We want to thank Donaldson Run coaches and Dive Reps throughout the years, as they have helped Emma gain confidence in her diving ability which has propelled her to try new challenges and succeed.

### **Max Fowler (Walden Glen)**

Max starting diving at Walden Glen the age of 7, competing in his first Cracker Jack meet in 2012. Shortly after he began diving year-round, which led him to the honor of representing Team USA in Junior Pan Ams and Junior World Meets. Max has enjoyed coaching at Walden Glen for 3 years and will be joining the Swim and Dive Team at Georgia Tech this fall.