

2023 NVSL ALL-STARS ESTIMATED TIMELINE

7:00 am	Doors open
7:15 am	Freshmen check-in (Juniors begin check-in at 8:15 am)
7:30 to 7:50 am	Freshman Girls warm-up
7:50 to 8:00 am	National Anthem, NVSL Oaths
8:00 to 8:36 am	Freshman Girls event
8:36 to 8:56 am	Freshman Boys warm-up
8:56 to 9:31 am	Freshman Boys event
9:31 to 9:51 am	Junior Girls warm-up
9:51 to 10:42 am	Junior Girls event
10:42 to 11:02 am	Junior Boys warm-up
11:02 to 11:51 am	Junior Boys event
11:51 am to 12:16 pm	Intermediate Girls warm-up
12:16 to 1:08 pm	Intermediate Girls event
1:08 to 1:33 pm	Intermediate Boys warm-up
1:33 to 2:25 pm	Intermediate Boys event
2:25 to 2:55 pm	Senior Girls warm-up
2:55 to 4:01 pm	Senior Girls event
4:01 to 4:31 pm	Senior Boys warm-up
4:31 to 5:44 pm	Senior Boys event

Note: These times are approximate. The meet may run faster or slower. Please keep track of meet progress via Twitter @NVSLDive, and plan to arrive at your event 30-45 minutes before your scheduled warm-up.