

Team Rep Meeting
June 9, 2019
Arlington Forest Pool

1. Welcome, Roll Call - Lynn Clark
2. Approval of March 3 Minutes - Renata McHugh
3. Treasurer's Report - Bob McKinney
4. Insurance, Waivers - Lynn Clark
5. Schedule & Seeding Recap, Sportsmanship - Jim Sweeder
6. Awards - Mary Bowersox
7. Score Reporting & Website - Thomas Joyce
8. Handbook, Rules, Safety - Mike Schaeffer
9. Scholarship - Nancy Steffen
10. League Championship Meets
 - Wally Martin, All-Stars - Lynn Clark
 - Crackerjack - Mary Bowersox
11. Clinics
 - Coaches - Mike Schaeffer
 - Judges, Referees - Jim Sweeder, Mike Schaeffer
 - Tablework/Meet Management - Mary Bowersox
12. New Business/Questions

Minutes
 NVSL DIVE TEAM REP MEETING
 March 3, 2019
 Arlington Central Library

The meeting was called to order at 1:08 pm by NVSL Dive First Vice President Lynn Clark. Introductions of the 2019-2020 NVSL Dive Executive Committee was followed by roll call of the team reps.

Attendance:

Executive Committee and Committee Chairpersons:

| | | | |
|------------------------------------|---------|-------------------------------------|---------|
| 1 st VP – Lynn Clark | Present | Director-At-Large – Arlene Pripeton | Absent |
| 2 nd VP – Stacey Brooks | Present | Awards Cmte Chair – Mary Bowersox | Present |
| CIO – Thomas Joyce | Present | Rules Cmte Chair – Mike Schaeffer | Present |
| Secretary – Renata McHugh | Present | Seeding Cmte Chair – Jim Sweeder | Present |
| Treasurer – Bob McKinney | Present | Scholarship Chair – Nancy Steffen | Present |

Teams Represented:

| | | | |
|------------------|---------|-------------------|---------|
| Annandale | Present | Mansion House | Absent |
| Arlington Forest | Present | Mantua | Present |
| Camelot | Present | North Springfield | Present |
| Cardinal Hill | Present | Oakton | Present |
| Chesterbrook | Present | Old Keene Mill | Present |
| Commonwealth | Present | Orange Hunt | Present |
| Crosspointe | Present | Overlee | Present |
| Dominion Hills | Present | Parliament | Present |
| Donaldson Run | Present | Pinecrest | Present |
| Dunn Loring | Present | Ravensworth | Present |
| Fairfax | Absent | Rolling Hills | Absent |
| Fairfax Station | Absent | Rutherford | Absent |
| Great Falls | Present | Sideburn Run | Present |
| Greenbriar | Present | Sleepy Hollow Rec | Present |
| Hamlet | Present | Sleepy Hollow B&R | Present |
| Hayfield | Present | Springboard | Present |
| Highland Park | Present | Springfield | Present |
| Highlands Swim | Present | Stratford | Present |
| Hunt Valley | Absent | Truro | Absent |
| Ilda | Absent | Tuckahoe | Present |
| Kent Gardens | Present | Vienna Woods | Present |
| Lakeview | Present | Walden Glen | Present |
| Lee Graham | Present | Wakefield Chapel | Present |
| | | Woodley | Present |

President's Report:

After completion of introductions and roll call, Lynn began the meeting by expressing gratitude and thanks to the 2018 outgoing Executive Committee members Vanessa Flory, Debbie Perault and Peg Dinkel.

Treasurer's Report:

Bob McKinney presented the 2018 end-of-year Financial Report noting the ads revenue line item was much higher due to funds rolling over from the previous year.

For 2019, each Division Coordinator will receive a \$25 stipend to cover the costs related to preparing documents and labels for the division championship. The two Crackerjack Coordinators will each receive a stipend of \$50 for the same purpose.

Bob presented each team present with their 2019 insurance bill. He requests that each team send one check to his home address. Bills are due by June 1.

Seeding Committee Report:

Jim Sweeder reported each team's insurance bill is based on the annual survey completed at the end of the season. It is very important to accurately report how many divers also are on the swim team so that the bill is divided between the swim and dive teams. Otherwise, divers only pay all at \$1 each.

Jim reminded all that every diver who comes to practice must sign a Participation Waiver and be counted in the team roster. There are more than 1800 divers in NVSL. Jim McHugh (SR) asked if a column could be added to the team roster spreadsheet to indicate a participant as "dive only". Jim Sweeder said the team roster would need to be changed.

Jim announced that he is looking for a new member for the seeding committee.

Chief Official's Report:

Jim Sweeder addressed sportsmanship. Team reps need to help support refs and officials with dealing with parents. Parents need to understand that judgment calls stand.

Jim called attention to the attached list of expired Referees and reminded them to attend the Referee Clinics (dates included in handout).

Jim addressed dual meet schedules included in the handout. Please inform Jim of any meet changes, pool problems, or any other issues interfering with a meet schedule.

Safety and Clinics Coordinator Report:

Mike Schaeffer stated schedules for clinics were emailed. He again reminded reps that referees must be certified every two years. Reps, please remind your referees. There are no exceptions, even if a referee has been around a while, if they are expired and miss a clinic they may not referee this season.

Handbook information is being finalized. If there are any changes, email them to Mike and copy to Lynn (VP), Thomas (CIO) and Renata (Secretary).

The complete list of current certified referees may be found on the NVSL Dive website.

Mike reminded team reps to check bolts on diving boards/steps. He recommended that pools should invest in a torque wrench.

Mike is available to do a diving board consultation for \$50.

Chief Information Officer Report:

Thomas Joyce reported on website information. NVSL Swim is working on creating a mobile site.

Send any coaching job requests to Thomas Joyce. Also inform him when positions have been filled so he can remove the post.

Each team has a website, please review it and send any changes to Thomas.

Awards Committee Report:

Mary Bowersox has sign-up sheets to order B-meet ribbons. Reps can choose categories of ribbons, for example: 10 and under, first, second or third place. She also has samples of personal best ribbons. Ribbons are 10 cents each. Reps may email Mary with their order after checking inventory. The deadline is the second week in April for ordering. Ribbons can be picked up at the Team Rep Clinic in June. Please bring a check for exact amount to "NVSL Dive". Cash is okay but please bring exact change or small bills. Credit cards are not accepted.

Mary reminded reps about the team rep clinic in June. It will cover all the how-to's of running a meet, the online scoring system.

Mary also encouraged pools to schedule B meets by contacting local pools and reminded them to check their own pool schedules.

Scholarship Committee Report:

Nancy Steffen reported that this is the 19th year that NVSL has been awarding scholarships. There are five awards of \$1500 each. The deadline for submission will June 1 or 2. The information is online now. Please download and give to your seniors ASAP. There is always an essay to complete.

In 2018, 52 applications were received of which 27% were divers. Awards are presented at the All Star Swim Relays. Nancy sends a note to all dive applicants whether they win or not.

Rule Changes for Vote:

Mike Schaeffer reviewed the proposed rule changes for the 2019 season. Full description and rationale for rule changes were given in the handout. The rules as listed below are listed with the results of voting.

I. MAKE CLEAR THAT DOUBLE JUMPING OR DOUBLE BOUNDING ON THE END OF THE BOARD BEFORE TAKE OFF IS A FAILED DIVE

Voting results: 1 opposed; Rule change passed

II. ADOPT AS A CLARIFICATION THE FINA WORDING ON JUDGES AWARDING 4 ½ POINTS ON HANDS ABOVE THE HEAD ON A FEET FIRST DIVE AND HANDS BELOW A HEAD FIRST ENTRY IF THE REFEREE DID NOT MAKE THE CALL

Voting results: unanimous in favor; Rule change passed

III. ADOPT AS A CLARIFICATION THE FINA WORDING ON JUDGES AWARDING 4 ½ POINTS ON HANDS ABOVE THE HEAD ON A FEET FIRST DIVE AND HANDS BELOW A HEAD FIRST ENTRY IF THE REFEREE DID NOT MAKE THE CALL

Voting results: unanimous in favor; Rule change passed

Reminder that the next meeting of the team reps will be Sunday, June 9th at 8:30 am at Arlington Forest. The meeting was adjourned at 1:55 pm

2019 NVSL TEAM INSURANCE WAIVER AFFIRMATION

- ***CAREFULLY read the “NVSL Team Insurance Waiver Affirmation” and adhere to its requirements.***
- ***Sign and date the waiver.***
- ***Return completed waiver to your Division Coordinator.***
- ***The Division Coordinator will submit the forms to Arlene Pripeton, Director-at-Large.***
- ***No team may participate in an NVSL meet without the completed NVSL Team Insurance Waiver Affirmation Document completed and received.***

Pool/Dive Team Name _____

As Team Representative(s), I certify the following:

All athletes (parent/guardian for minors) on the roster will complete, submit, and sign the “Participation Waiver” prior to their first swim/dive team practice or meet. As Team Representative, I will be able to forward a copy of the NVSL Participation Waiver from any of the participants on my team at the request of the NVSL Board.

I have read and agree to the standards listed in the “2018 NVSL Best Practice Guidelines” document.

I have read and will complete the “Pool Safety Checklist” document.

I have reviewed the “Safe Sport Handbook” from USA Swimming also found on the NVSL website, <https://www.mynvsl.com/documents>.

I understand that these guidelines are not all inclusive and that our team will do everything possible to conduct safe practices and meets at our home pools and while being hosted at other NVSL pools.

TEAM REPRESENTATIVE

DATE

TEAM REPRESENTATIVE

DATE

NVSL Participation Waiver

The following waiver MUST be signed by all athletes' guardian(s) in order to participate in any swim practice or meet covered by NVSL insurance. Incorporate a version of this waiver into your registration process. Any or all waivers shall be available to be forwarded to the NVSL Board if requested.

NO WAIVER = NO PARTICIPATION = NO EXCEPTIONS

Swimmer/Diver(s): _____

As Parent/Guardian of the above-name minor(s), I grant permission for the swimmer/diver(s) to participate in all activities of the **XX Swim/Dive Team**, a Northern Virginia Swimming League (NVSL) member team. I represent and warrant that my minor child/children participating on the **XX Swim/Dive Team** are in good health and have no physical condition, ailment or disability which renders them unable to participate in vigorous physical activity. For and in consideration of benefits derived from participation in the **XX Swim/Dive Team** program, I understand that the risk of injury to my child from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist. I assume all risks and hazards arising out of, or related to, such participation, including, but not limited to, transportation to and from such activities, and do hereby indemnify, release and hold harmless the **XX Swim/Dive Team**, its coaches, team representatives, volunteers, property manager, employees and agents, as well as the Northern Virginia Swimming League, from all claims of any kind whatsoever which may arise or hereafter accrue in connection with my child's/children's participation in activities of the **XX Swim/Dive Team**. I further grant permission for first aid to be given to my child/children in an emergency, and will be solely responsible for any medical costs which may arise. I AGREE THAT THEY WILL ABIDE BY THE NORTHERN VIRGINIA SWIMMING LEAGUE CODE OF CONDUCT.

Parent's Signature

Date

Parent's Signature

Date

NVSL Diving Dual Meet Score Reporting Information

All the relevant materials on score reporting can be found in folder 8 **NVSL Dive Results & Reporting Information** in the document section of the NVSL dive website (<https://dive.mynvsl.com/documents>):

Pre-Season

Provide the names and email addresses of those that will have access to record scores. Keep the following in mind:

- You can specify up to three people per pool (Typically two team reps and a secretary)
- Each identified individual must have a Google account – not necessarily a gmail address – you can create a Google account without a gmail address
 - Go to <https://accounts.google.com/signup> to create an account

Provide your roster to Arlene, following the instructions in the **Roster Upload Instructions.pdf** document. Keep in mind:

- To avoid a rush on the first day of meets, the deadline to submit rosters is June 17
- Everyone practicing on your team must be included in this roster, not just those who will appear in A meets. This list is also used for insurance purposes, determining CrackerJack and Divisionals eligibility, etc.
- If someone joins the team late, please send this update as soon as possible, but certainly before they appear in an A meet.

The weekend before each A meet

Those with access to the score reporting system will receive an email with a link to that week's score reporting sheet. Please take a moment to login and verify that you can access the sheet before the night of the first A meet.

The night of each A meet

1. Send a photo of both the meet result white sheets to nvsl DiveX@gmail.com, where X is your division. So, nvsl Dive1@gmail.com [...] nvsl Dive8@gmail.com
2. Using the link provided in the email, Input scores using the online Google sheet
 - a. First the home team inputs the scores (ASAP at the conclusion of the meet)
 - b. Then the away team checks the scores (preferably that night, but by 10:00 AM Wednesday)
 - c. Then the division coordinator checks the scores
 - d. The league checks the scores and approves them as final

TIP: If you are so inclined, you can optionally install the Google Sheets app on your mobile device and enter scores in real-time at the pool as events are completed.

For more Information

Please consult the following documents on the website for more information:

Meet Result Reporting Instructions.pdf – Detailed instructions on using the score reporting system

Roster Upload Instructions.pdf – Instructions for uploading and updating your dive roster

NVSL-Electronic Roster Upload.xlsx – Template for uploading roster data

Scoring System Training.pdf – Training materials for the scoring system, including screenshots.

REFEREES WHOSE CERTIFICATION EXPIRES AS OF THE 2019 SEASON

| <u>Name</u> | <u>Pool</u> | <u>Phone Number</u> |
|--------------------|--------------------|----------------------------|
| Malia Asfour | KG | 623-0114 |
| Kelly Brockway | HP | 346-6447 |
| Stacey Brooks | KG | 202-222-5891 |
| Kathie BurgessTHA | | 505-9130 |
| Chris Cafferky | WG | 209-2483(c) |
| Lynn Clark | AF | 919-4376 |
| Courtney Collins | WC | 220-8215(c) |
| Victoria Esposito | HSC | 424-3023 |
| Bonnie Gagermeier | CCC | 876-0611 |
| Brenda Greene | CCC | 846-0335 |
| Ira Hersh | KG | 201-3833 |
| Darrin Holley | DR | 202-277-8619 |
| Heather Lawrence | KG | 930-6548(c) |
| Celeste Leyhe | NS | 347-3865 |
| Sonya Marsden | DL | 919-3616 |
| Linda McElligott | HSC | 608-4157 |
| Bob McKinney Unatt | | 916-8212/568-6762 |
| Carson Murray | T | 864-8354 |
| Jeff Olnhausen | SHR | 855-5965 |
| Noah Paci | VW | 975-0694 |
| Rachel Paci | VW | 975-6425 |
| Tim Polnow | PAR | 503-8652 |
| Barbara Price | RH | 321-890-6621 |
| Paige Schupp | FS | 622-0243 |
| Tom Smialowicz | AF | 407-6800 |
| Mike Summersgill | SR | 599-0082(c) |
| Pamela Torok | GF | 629-4533 |
| Rachel Townsend | HP | 405-9608 |
| Heather Vogus | R | 593-9186(c)/913-0349(h) |
| Christopher Wade | RFD | 571-238-3468 |
| Lesya Yeatman | W | 967-4733 |
| Stuart Young | R | 731-7366 |

Validated Feb 2019



2019 Wally Martin

Sunday, July 14, 2019

Warr Rec Center, 3200 Jermantown Rd, Oakton, VA 22124

3 Meter Meet Entry

Entries for the 3 meter event are done online at www.Divemeets.com.

There is a \$5 meet entry fee for the event.

Go to Divemeets.com and register (registration is free); All coaches and divers must register.

Sign up for the Wally Martin Meet on Divemeets.com

Deadline 5:00 pm, FRIDAY July 12.

Synchro Meet Entry

Entries for the synchro meet event are done on the Synchro paper meet sheet.

One Synchro Meet Dive Sheet per team. Divers may only participate with one partner. Submit entry by email to meet manager Stacey Brooks:

comtnclimr@gmail.com

Deadline 9:00pm, FRIDAY July 12.

LATE ENTRIES: Divers may sign up on deck by turning in a completed meet sheet along with a \$25 deck registration fee. All participants must be under a family membership of an NVSL-affiliated pool.

Practice Schedule: Friday, July 12 6:30-9:30 pm

Saturday July 13, 2019 4:00-6:00 pm

<https://www.signupgenius.com/go/10C0C49A4A72FA57-wally>

Approximate Event Start Times*

| | |
|-----------|-------------------------|
| 7:00-7:45 | Open warm-ups. |
| 7:45-8:00 | Freshmen Girls warm ups |
| 8:00 | Freshmen Girls |
| 8:45 | Freshmen Boys |
| 9:30 | Junior Girls |
| 10:25 | Junior Boys |
| 11:15 | Intermediate Girls |
| 12:20 | Intermediate Boys |
| 1:20 | Senior Girls |
| 2:20 | Senior Boys |
| 3:00 | Synchro Meet |

*Freshman and Junior events will begin 15 minutes after the completion of the previous event; Intermediate and Senior events will begin 20 minutes after the previous event-**even if the meet is running ahead of the above schedule**. Girls & Boys events may be combined, depending on number of entries. A new start time schedule may be distributed prior to the meet after registration has closed.



2019 NVSL ALL-STAR MEET

August 4, 2019

Host Pool: Springfield
7400 Highland St., Springfield VA 22150
Pool Contact - Betsy Yarrison 703-371-7183
Meet Manager- Lynn Clark 703-919-4376

Meet Registration: www.divemeets.com

Divers must dive in Divisionals to be eligible for the All-Star meet (Rule 1.). Any questions on eligibility and qualification criteria should be referred to the NVSL Diving Rules Chair for resolution.

All Star Qualification: See Rule 10.b.(11) & 10.b.(12)

A list of the top 8 finishers from the 2018 All Star Meets can be found here:

https://dive.mynvsl.com/file/30913/2019_All_Star_First_Eight_Winner_Qualification_Names.pdf

Running average 5th place scores for qualification can be found here:

https://dive.mynvsl.com/file/30912/2019_All_Star_Fifth_Place_Qualification_Scores.pdf