

2019 NVSL ALL-STARS ESTIMATED TIMELINE

6:45AM	Doors open
7:00AM	Freshmen check-in (Juniors begin check-in at 8:05AM)
7:00AM to 7:40AM	Open warm-up
7:40AM to 8:00AM	Freshman Girls warm-up
8:00AM to 8:05AM	National anthem, NVSL Oaths
8:05AM to 8:40AM	Freshman Girls event
8:40AM to 9:00AM	Freshman Boys warm-up
9:00AM to 9:35AM	Freshman Boys event
9:35AM to 9:55AM	Junior Girls warm-up
9:55AM to 10:40AM	Junior Girls event
10:40AM to 11:00AM	Junior Boys warm-up
11:00AM to 11:45AM	Junior Boys event
11:45AM to 12:05PM	Intermediate Girls warm-up
12:05PM to 1:00PM	Intermediate Girls event
1:00PM to 1:25PM	Intermediate Boys warm-up
1:25PM to 2:40PM	Intermediate Boys event
2:40PM to 3:00PM	Senior Girls warm-up
3:00PM to 4:00PM	Senior Girls event
4:00PM to 4:20PM	Senior Boys warm-up
4:20PM to 5:30PM	Senior Boys event

Note: These times are approximate. The meet may run faster or slower. Please keep track of meet progress via Twitter @NVSLDive, and plan to arrive at your event 30 minutes before your scheduled warm-up.