

# **NVSL DIVING**

**DIVISION VIII**



**DIVISIONAL CHAMPIONSHIP**

**AT**

**NORTH SPRINGFIELD**

**July 23, 2023**

## ESTIMATED TIME SCHEDULE

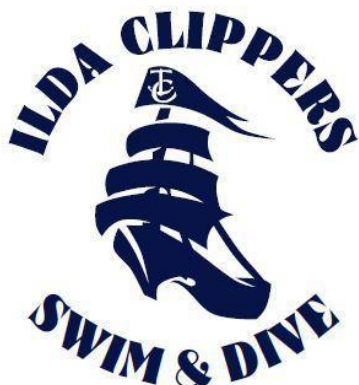
FRESHMAN GIRLS WARM-UP	7:40 AM
NVSL OATHS & NATIONAL ANTHEM	7:55 AM
<b>FRESHMAN GIRLS</b>	<b>8:00 AM</b>
FRESHMAN BOYS WARM-UP	8:35 AM
<b>FRESHMAN BOYS</b>	<b>8:50 AM</b>
JUNIOR GIRLS WARM-UP	9:15 AM
<b>JUNIOR GIRLS</b>	<b>9:35 AM</b>
JUNIOR BOYS WARM-UP	10:05 AM
<b>JUNIOR BOYS</b>	<b>10:25 AM</b>
<i>PRESENTATION OF DIVISIONAL AWARDS</i>	<i>10:45 AM</i>
INTERMEDIATE GIRLS & BOYS WARM-UP	11:00 AM
<b>INTERMEDIATE GIRLS &amp; BOYS</b>	<b>11:25 AM</b>
SENIOR GIRLS & BOYS WARM-UP	11:45 AM
<b>SENIOR GIRLS &amp; BOYS</b>	<b>12:05 PM</b>
ESTIMATED END	12:40 PM

THE BOLDED START TIMES ARE FOR THE ACTUAL DIVING EVENT. PLEASE BE THERE 30 MINUTES BEFORE YOUR EVENT. WARM-UPS WILL BE IMMEDIATELY **BEFORE** YOUR START TIME FOR APPROXIMATELY A 15-25 MINUTE PERIOD.

THE AWARDS FOR EACH GROUP WILL BE PRESENTED DURING THE WARM-UP PERIOD FOR THE NEXT GROUP. THE DIVISION CHAMPIONSHIP TROPHY AND THE SPORTSMANSHIP AWARD WILL BE PRESENTED AFTER THE JUNIOR BOYS COMPETITION, WITH A BREAK BEFORE INTERMEDIATE WARM-UPS.

Special thanks and appreciation to the North Springfield dive team representatives, divers and parents, staff, and other members who kindly provided us the use of their facilities to hold the Division VIII meet this year. Many thanks to all meet officials at the tables and on the decks whose help is so essential to meet operations.

A true thank you to the coaches for their caring help that goes beyond teaching dives. And the greatest of thanks to all the divers in Division VIII, who have shared their talents with us this season.



*North Springfield  
Swim Club*



## QUALIFYING FOR ALL-STARS

The highest two scores in each event are eligible for the All-Stars meet. The next two finishers will be the alternates for his/her age group and will be able to participate in All-Stars if the top two qualifiers are unable to attend.

Divers who placed in the top eight in the previous year's All-Stars meet AND who finish no lower than first alternate (4<sup>rd</sup> Place) in this year's divisional championship meet qualify for the All-Stars meet.

2022's All-Stars top eight finishers now diving in Division VIII are:

JG	Azeria Arnic (SHB)
JB	Alan Fu (HSC)
JB	Luke Havasy (IC)
IB	Cooper Short (HSC)
SB	Nathan Tran (A)

Additionally, divers who achieve a divisional championship meet score equal to or greater than the average fifth place All-Stars score for their age group (listed below) will qualify for the All-Stars meet regardless of place finish.

### Average All-Stars Fifth Place Scores

Freshman Girls	71.16	Freshman Boys	69.06
Junior Girls	102.47	Junior Boys	98.77
Intermediate Girls	137.01	Intermediate Boys	136.28
Senior Girls	183.98	Senior Boys	200.48

## **TEAM COACHES**

Annandale	Head Coach Nathan Tran Assistant Coach Anna Bushman
Hamlet	Head Coach Claire Vroom Assistant Coaches Anthony Maull and Luke Terry Junior Coach Cooper Short Volunteer Coach Alan Fu
ILDA	Head Coach Emily Bush Assistant Coach Grant Thorton
North Springfield	Head Coach Xavier Johnston Assistant Coach Keira Dalrymple
Sleepy Hollow Bath & Raquet	Head Coach Fatme Khraibani Assistant Coach Michael Hitchcock Junior Coach Samuel Martin
Springboard	Head Coach Emily Yarrison

## **TEAM REPRESENTATIVES**

Annandale	Rae Tran and Jason Detten
Hamlet	Phyllis Hashemi, Rachel Wegner,
ILDA	Meredyth and Charles Havasy, Maureen Bush
North Springfield	Jessica Albers
SHBR	Jen Arnic and Dana Chodos
Springboard	Christina Hunt

## **MEET OFFICIALS**

Division Coordinator:	Kendra L. Martin (SHBR)
Meet Managers:	Kendra L. Martin (SHBR) Jessica Albers (NSSC)
National Anthem:	Luke Havasy, Violin (ILDA)

**DIVISION VII FRESHMAN DIVERS (GIRLS)**

(Ages 10 and under)

(listed alphabetically)

	<b><u>FRESHMAN GIRLS</u></b>	<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
HSC	Amelia Gentry	_____	_____
SHB	Angelina Katsas	_____	_____
HSC	Artemisia Hashemi	_____	_____
A	Avery Ma	_____	_____
NS	Avery Nguyen	_____	_____
SHB	Beatrix Brown	_____	_____
IC	Clara Meyers	_____	_____
A	Elizabeth Rodenbeck	_____	_____
SB	Ellie Farnsworth	_____	_____
NS	Evelynn (Evie) Spickelmier	_____	_____
HSC	Grace Wegner	_____	_____
SHB	Harper Pham	_____	_____
A	Isabella Velasquez	_____	_____
NS	Julieta Iguina	_____	_____
SB	Mila Gonzales	_____	_____
A	Peyton Ma	_____	_____
HSC	Radha Bansal	_____	_____
IC	Rosalie Thornton	_____	_____
SB	Sydney Lawyer	_____	_____

**DIVISION VII FRESHMAN DIVERS (BOYS)**

(Ages 10 and under)

(listed alphabetically)

	<b><u>FRESHMAN BOYS</u></b>	<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
SHB	Asher Arnic	_____	_____
NS	Bradley Johnson	_____	_____
SB	Chris Buell	_____	_____
SHB	Jacob Chodos	_____	_____
NS	Jasper Albers	_____	_____
SHB	Luke Ritter	_____	_____
A	Noah Hua	_____	_____
SHB	Peter Lips	_____	_____
A	Preston Ta	_____	_____
SB	Samuel Kim	_____	_____
SB	Theo Stratford	_____	_____
SHB	Thomas Ritter	_____	_____
A	Toby Osberg	_____	_____

**DIVISION VII JUNIOR DIVERS (GIRLS)**

(Ages 11 and 12)

(listed alphabetically)

	<b><u>JUNIOR GIRLS</u></b>	<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
HSC	Anna Pereira Kim	_____	_____
A	Ava Ngo	_____	_____
SHB	Azeria Arnic	_____	_____
HSC	Campbell Kurpiel	_____	_____
A	Emma Ngo	_____	_____
NS	Gabriella (Gabi) Simone	_____	_____
HSC	Katharine Gentry	_____	_____
A	Linda (Esperanza) Hernandez-Giblin	_____	_____
SHB	Maya Orlova	_____	_____
HSC	Miah Collazo	_____	_____
NS	Natalia Haley	_____	_____
SB	Olivia Olsen	_____	_____



**DIVISION VII JUNIOR DIVERS (BOYS)**

(Ages 11 and 12)

(listed alphabetically)

	<b><u>JUNIOR BOYS</u></b>	<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
SB	Arthur Chuyasov	_____	_____
NS	Carlos Manuel Iguina	_____	_____
NS	Ethan Dalrymple	_____	_____
HSC	Hudson Pierre	_____	_____
HSC	Jacob Ross	_____	_____
A	John Nguyen	_____	_____
SHB	Kyle Schutt	_____	_____
IC	Luke Havasy	_____	_____
NS	Yousef Chawki	_____	_____

**DIVISION VII INTERMEDIATE DIVERS (GIRLS)**

(Ages 13 and 14)  
(listed alphabetically)

	<b><u>INTERMEDIATE GIRLS</u></b>	<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
SB	Lily Miller	_____	_____
SHB	Petra Oleson	_____	_____

**DIVISION VII INTERMEDIATE DIVERS (BOYS)**

(Ages 13 and 14)  
(listed alphabetically)

	<b><u>INTERMEDIATE BOYS</u></b>	<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
HSC	Alan Fu	_____	_____
NS	Alberto Tolentino	_____	_____
A	Michael Sweeney	_____	_____
A	Rai Detten	_____	_____
A	Remy Cao	_____	_____

**DIVISION VII SENIOR DIVERS (GIRLS)**

(Ages 15-18)

(listed alphabetically)

	<b><u>SENIOR GIRLS</u></b>	<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
IC	Emily Bush	_____	_____
SHB	Claire Coughlin	_____	_____
NS	Keira Dalrymple	_____	_____
IC	Matilda Kinkead	_____	_____
NS	Morgan Milman	_____	_____
SHB	Paisley Wilkins	_____	_____
SHB	Penelope Lawler	_____	_____
HSC	Tatem Kline	_____	_____

\* Denotes 2023 Graduating Senior

**DIVISION VII SENIOR DIVERS (BOYS)**

(Ages 15-18)

(listed alphabetically)

<u>SENIOR BOYS</u>	<u>SCORE</u>	<u>PLACE</u>
HSC Anthony Maull	_____	_____
HSC Cooper Short	_____	_____
NS Ethan Simone	_____	_____
HSC Luke Terry*	_____	_____
A Nathan Tran*	_____	_____
SHB Samuel Martin	_____	_____
NS Xavier Johnston*	_____	_____

\* Denotes 2023 Graduating Senior

## MEET VOLUNTEERS – DIVISION VIII

EVENT	ANNOUNCER	JUDGES	TABLE WORKERS
<b>Freshmen</b>	Mike Tran (A)	* Rae Tran (A)	Alma Detten (A)
		Karissa Sweeney (A)	Jason Detten (A)
		Rachel Tran (A)	Yuan Yao (HSC)
		Michelle Kline (HSC)	Tony Maull (HSC)
		Fred Martin (SHB)	Jerry Bush (IC)
<b>Juniors</b>	Mike Tran (A)	* Katie Wayne (NS)	Alma Detten (A)
		Jason Detten (A)	Ni Nguyen (A)
		Michelle Kline (HSC)	Yuan Yao (HSC)
		Rachel Wegner (HSC)	Jerry Bush (IC)
		Fred Martin (SHB)	Stephanie Giovanetti-Lips (SHBR)
<b><i>Freshman/Juniors Event Secretary</i></b>		<i>Dana Chodos (SHBR)</i>	
<b>Intermediates</b>	Jen Arnic (SHBR)	* Rae Tran (A)	My Tran (A)
		Jeff Osberg (A)	Gaurav Bansal (HSC)
		Phyllis Hashemi (HSC)	Nancy Ritter (SHBR)
		Christina Hunt (SB)	Karla Farnsworth (SB)
		Andy Meyers (IC)	Jason Hunt (SB)
<b>Seniors</b>	Jen Arnic (SHBR)	* Katie Wayne (NS)	My Tran (A)
		Jeff Osberg (A)	Gaurav Bansal (HSC)
		Phyllis Hashemi (HSC)	Nancy Ritter (SHBR)
		Christina Hunt (SB)	Karla Farnsworth (SB)
		Andy Meyers (IC)	Jason Hunt (SB)
<b><i>Intermediate/Seniors Event Secretary</i></b>		<i>Maureen Bush (IC)</i>	

\* Denotes Referee

## **GRADUATING SENIORS**

### **LUKE TERRY (HAMLET SWIM & TENNIS CLUB)**

Luke joined the Hamlet Dive team following in his older sister's footsteps when he was 7 years old. Ever since, Luke spent his summers developing his skills as a diver and later becoming an assistant coach to develop the younger Green Feet divers.

He cherishes every summer he has been able to share with the Dive Team and will never forget his time here, from pancake Fridays and fun days to the dive meets and post-dive-meet dinners that harbored the community around him. He truly felt connected to the community when he started coaching for the team, because it felt to him like he was giving back to those who supported him and was given the opportunity to support the new, younger divers the way his coaches helped him.

Outside of dive, Luke spent a large majority of his life primarily playing basketball and soccer. Basketball in the winter, dive and tennis in the summer, and soccer year-round were his go-to stress release. Luke graduated from Langley High School this past June and will continue on his academic path at Clemson University, where he plans on studying in the Business School with a minor in Environmental Science and Policy.

Luke wants to thank all of his role models and peers who have encouraged him to dive all these years, because the Hamlet Dive Team has given him a community like no other.

### **NATHAN TRAN (ANNANDALE SWIM & TENNIS CLUB)**

Nathan joined the Annandale Swim & Tennis Club in 2010 where he started at the age of 5 with the Swim Team's Little Tides, then the Red Tide Swim Team in 2011, and finally the Dive Team in 2012. Nathan has been swimming for 13 years (favorite stroke is Butterfly) and diving for 12 years (favorite dive are Inwards), competed in NVSL Dive All-Stars since 2015, and coaching the Annandale Dive Team for the past 6 years...Head Coach for the past 3 years.

Nathan loves working with the young kids at the pool and helping them develop their diving and swimming skills. It was his way of giving back to the community that supported him for the past 13 years.

Nathan graduated from Annandale High School where he played Freshmen Football, lettered all 4 years on the Varsity Swim & Dive Team, participated in the Junior ROTC program all while maintaining a 4.09 GPA. Outside of school activities, he kept up his martial arts training to maintain his 1<sup>st</sup> Degree Black Belt.

Nathan will attend George Mason University in the Fall to major in Computer Science and participate in the Air Force ROTC Program.

Congratulations Coach Nathan!!! We wish you all the best in your next adventure!!! Go Red Tides!!!

## **XAVIER JOHNSTON (NORTH SPRINGFIELD SWIM CLUB)**

About seven years ago, a young athlete highly skilled in soccer and gymnastics decided to give diving a try at North Springfield Swim Club. What transpired was a love of the sport and a passion for sharing his enthusiasm for excellence on the board with others. Xavier Johnston is not only the sole senior on the North Springfield Dive Team but is also their head coach. Xavier has been coaching the North Springfield Dolphins for four years, first, as a volunteer and then as an assistant coach. As a senior member of the team, he helps to support younger divers gain new skills while encouraging fun and camaraderie.

During Xavier's time at North Springfield, he has competed in Divisionals and qualified for All-Stars several times. He was inspired by the coaches who came before him who, like him now, were members of the team who matured into coaching positions. Xavier has always believed in giving back to the community that he has benefitted from. During Covid, Xavier volunteered his time to coach the dive team so athletes would have the chance to dive and be with their teammates. Because of soccer demands and being on the high school wrestling team freshman and sophomore years, he didn't join his high school, St Stephen's and St Agnes', swim and dive team until his senior year. In this his senior year he placed 3<sup>rd</sup> in the Interstate Athletic Conference (IAC) meet. At Washington Metropolitan Prep School Swim Dive League (WMPSSDL) championships, Xavier finished in 6th place. And at Virginia State Championships, he finished 10th. What's more is that his high school booster club recognized Xavier with an award for athletes who volunteered the most hours.

Xavier in a few short weeks will be heading to Pittsburgh, Pennsylvania to attend Chatham University's Exercise Science Program on an academic scholarship. The accelerated 3-year undergraduate program, followed by a 2-year Master of Physician Assistant Studies degree, will allow him to continue to work with athletes while helping support their unique health needs. In addition to pursuing his professional dreams, Xavier will continue to pursue his true athletic passion: soccer. Xavier has earned a place on the men's soccer team and will be competing for the Cougars this coming year. North Springfield is incredibly grateful for his many contributions to the team, club and community. North Springfield wishes Xavier well as he sets out to make the world a better place.