

# **NVSL DIVING**

**DIVISION III**



**DIVISION CHAMPIONSHIP**

**AT**

**DUNN LORING SWIM CLUB**

**July 23, 2023**

## ESTIMATED TIME SCHEDULE

OPEN WARM-UPS	7:00 AM – 7:45 AM
FRESHMAN GIRLS WARM-UP	7:45 AM
NATIONAL ANTHEM & OATHS	7:55 AM
<b>FRESHMAN GIRLS EVENT</b>	<b>8:00 AM</b>
FRESHMAN BOYS WARM-UP	8:19 AM
<b>FRESHMAN BOYS EVENT</b>	<b>8:34 AM</b>
JUNIOR GIRLS WARM-UP	8:51 AM
<b>JUNIOR GIRLS EVENT</b>	<b>9:11 AM</b>
JUNIOR BOYS WARM-UP	9:51 AM
<b>JUNIOR BOYS EVENT</b>	<b>10:11 AM</b>
INTERMEDIATE G's & B's WARM-UP	10:39 AM
PRESENTATION OF DIVISIONAL AWARDS	10:59 AM
<b>INTERMEDIATE GIRLS &amp; BOYS EVENT</b>	<b>11:04 AM</b>
SENIOR GIRLS & BOYS WARM-UP	11:54 AM
<b>SENIOR GIRLS AND BOYS EVENT</b>	<b>12:14 PM</b>
ESTIMATED END	1:20 PM

THE BOLDED START TIMES ARE FOR THE ACTUAL DIVING EVENT. TRY TO BE THERE 30 MINUTES BEFORE YOUR EVENT. YOUR WARM-UPS WILL BE IMMEDIATELY **BEFORE** YOUR START TIME FOR APPROXIMATELY A 10-20 MINUTE PERIOD.

THE AWARDS FOR EACH GROUP WILL BE PRESENTED DURING THE WARM-UP PERIOD FOR THE NEXT GROUP. THE DIVISION CHAMPIONSHIP TROPHY AND THE

SPORTSMANSHIP AWARD WILL BE PRESENTED AFTER THE JUNIOR BOYS COMPETITION.

**Appreciation and special thanks to the Dunn Loring dive team representatives, dive team members and parents, staff and other members of the Dunn Loring Swim Club community who kindly provided us the use of their facilities to hold the Division III meet this year. Many thanks to all meet officials at the tables and on the decks whose help is so essential to meet operations.**

**A true thank you to the coaches for their caring help that goes beyond teaching dives. The greatest of thanks to all the divers in Division III, who have shared their talents with us this season.**

## QUALIFYING FOR ALL-STARS

The highest two scores in each event are eligible for the All-Stars meet. The next two place finishers will be the alternates for his/her age group and will be able to participate in All-Stars if the top two qualifiers are unable to attend.

Additionally, divers who finish no lower than first alternate in the divisional championship meet and who placed in the top eight in the previous year's All-Stars meet, qualify for the All-Stars meet.

Last year's All-Stars top eight finishers in Division III are:

FG - Elizabeth Pidgeon (FS)  
FB – Toby Chen (DH)  
JG – Olivia Berik (HS)  
JB – Tino Fredes (HS)  
IB – Charlie Morrison (DH)  
SB - Rem Turatbekov (THA)  
SB – Michael DeSando (DL)  
SB – Matteo Vasiliadis (GF)

Additionally, divers who achieve a divisional championship meet score equal to or greater than the qualifying score listed below for their age group will qualify for the All-Stars meet regardless of place finish.

### Average Fifth Place Scores

Freshman Girls	71.16	Freshman Boys	69.06
Junior Girls	102.47	Junior Boys	98.77
Intermediate Girls	137.01	Intermediate Boys	136.28
Senior Girls	183.98	Senior Boys	200.48

## **TEAM COACHES**

Dominion Hills	Luke Dangel, Luke DiBenigno, Ellie Joyce, Ellie Potts, Riley Shelton
Dunn Loring	Elsa Marsden, Rishi Vasudevan
Fairfax Station	Krescent Telleen, Trey Telleen, Devyn Telleen
Great Falls	Jamie Davidson, Matteo Vasiliadis, Caroline Gallagher, Cian Gallagher
Highlands Swim	Christopher Lane, Jeremy Simon, Grace Berik, Erin Wills
Truro Homes Assn.	Batyr Turatbekov, Ava Dunn, Rem Turatbekov

## **TEAM REPRESENTATIVES**

Dominion Hills	Thomas Joyce
Dunn Loring	Tanya Ratner, Lisa Mak
Fairfax Station	Leann Parente
Great Falls	Amy Vroom, Lisa Vasiliadis
Highlands Swim	Neil Wills, John Berik
Truro Homes Assn.	Theresa Lucero, Melissa Worthington

## **MEET OFFICIALS**

Division Coordinator: Thomas Joyce (DH)

Meet Managers: Thomas Joyce (DH), Tanya Ratner (DL)

National Anthem: Hannah Trimble (GF)

**DIVISION 3 FRESHMAN DIVERS**

(Age 10 and under)  
(listed alphabetically)

	<b><u>FRESHMAN GIRLS</u></b>	<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
GF	Aletheia Wiley-Jimenez	_____	_____
GF	Ari Wiley-Jimenez	_____	_____
DL	Bella DeSando	_____	_____
DL	Carina Bosco	_____	_____
FS	Elizabeth Pidgeon	_____	_____
HS	Emme Bryce	_____	_____
HS	Ivy Rasmussen	_____	_____
DL	Lila Kottmeier	_____	_____
FS	Marie Dorchak	_____	_____
GF	Phoebe Jeffery	_____	_____
FS	Victoria Williams	_____	_____

	<b><u>FRESHMAN BOYS</u></b>	<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
FS	Chanler Majiros	_____	_____
HS	Connor Stith	_____	_____
THA	Ewan Girard	_____	_____
HS	John Berik	_____	_____
THA	Luke Kieffer	_____	_____
GF	Pierre Kroely	_____	_____
DL	Ryan Linegang	_____	_____
DL	TJ DeSando	_____	_____
DH	Toby Chen	_____	_____
DH	Zach Mathieson	_____	_____

**DIVISION 3 JUNIOR DIVERS**

(Age 11 and 12)

(listed alphabetically)

<u>JUNIOR GIRLS</u>	<u>SCORE</u>	<u>PLACE</u>
FS Aria Giarraputo	_____	_____
GF Bennett Barletta	_____	_____
DL Clara Beatty	_____	_____
DH Eleanor Goehring	_____	_____
GF Ellie Vroom	_____	_____
HS Emilia Vayra	_____	_____
DL Erin Martonik	_____	_____
GF Evelyn Sanders	_____	_____
THA Gaga So	_____	_____
GF Hannah Trimble	_____	_____
DH Helen Butler	_____	_____
HS Julia Paukovits	_____	_____
FS Noelle Telleen	_____	_____
HS Nora Maxey	_____	_____
HS Olivia Berik	_____	_____
DH Savannah Potter	_____	_____
FS Stella Budiu	_____	_____

**DIVISION 3 JUNIOR DIVERS**

(Age 11 and 12)

(listed alphabetically)

	<b><u>JUNIOR BOYS</u></b>	<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
GF	Alex Kroely	_____	_____
FS	Andrew Parente	_____	_____
FS	Chace Majiros	_____	_____
GF	Eli Bockman	_____	_____
DL	George Miller	_____	_____
THA	Jasper Eng	_____	_____
DH	Joe Mathieson	_____	_____
DH	Logan DiBenigno	_____	_____
DL	Niall McCarthy	_____	_____
THA	Peter Lucado	_____	_____
HS	Tino Fredes	_____	_____
DL	Zouli Alexandratos	_____	_____



**DIVISION 3 INTERMEDIATE DIVERS**

(Age 13 and 14)

(listed alphabetically)

<b><u>INTERMEDIATE GIRLS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
FS	Anamarie Harrison	_____	_____
THA	Celeste Lucado	_____	_____
HS	Charlotte Berik	_____	_____
FS	Darcy Telleen	_____	_____
HS	Eliza Sherinian	_____	_____
DH	Hannah Ax	_____	_____
DL	Kiran Vasudevan	_____	_____
GF	Mary Abela	_____	_____
DL	Sophie Ratner	_____	_____
FS	Talya Wright	_____	_____

<b><u>INTERMEDIATE BOYS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
DH	Charlie Morrison	_____	_____
DL	Joshua Taliaferro	_____	_____
HS	Lucas Stadelmann	_____	_____
THA	Madison Worthington	_____	_____
GF	Peter Baird	_____	_____
DL	Peter Beatty	_____	_____
HS	Trent Hooton	_____	_____

**DIVISION 3 SENIOR DIVERS**

(Age 15 and up)  
(listed alphabetically)

<b><u>SENIOR GIRLS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
THA	Ava Dunn*	_____	_____
DH	Dakota Bannach*	_____	_____
FS	Devyn Telleen	_____	_____
DH	Ellie Joyce*	_____	_____
DH	Ellie Potts*	_____	_____
DL	Elsa Marsden	_____	_____
FS	Tavi Mohammed	_____	_____
HS	Grace Berik	_____	_____
FS	Julie Isaac	_____	_____
DH	Paige Shelton	_____	_____
DH	Riley Shelton*	_____	_____

<b><u>SENIOR BOYS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
THA	Batyr Turatbekov*	_____	_____
GF	Cian Gallagher	_____	_____
HS	Jeremy Simon*	_____	_____
DH	Joseph Nixon*	_____	_____
DH	Luke DiBenigno*	_____	_____
GF	Matteo Vasiliadis*	_____	_____
DL	Michael DeSando	_____	_____
FS	Trey Telleen*	_____	_____

\* Denotes Graduating Senior

### MEET VOLUNTEERS – DIVISION III

	<b>Announcer</b>	<b>Table Workers</b>	<b>Judges</b>
<b>Freshmen</b>	Lucy Hickey (FS)	Alexis Joyce (DH)* Scott Williams (FS) Theresa Beatty (DL) June Seymour (DH) Laura Miller (DL)	Stacey Brooks † Melissa Worthington (THA) Emily Korff (DL) Lamya Yadullah (FS) Angela Harrison (FS)
<b>Juniors</b>	Jennie Eng (THA)	Theresa Lucado (THA)* Amy Vroom (GF) Jeannie Williams (FS) Cathy Ax (DH) Kelly Majiros (FS)	Jay Vasudevan (DL) † Stephanie Pidgeon (FS) Isaac Kieffer (THA) Elizabeth Wiley (GF) Tracy Bloom (DL)
<b>Intermediates</b>	Tracy Bloom (DL)	Amy Vroom (GF)* Carol Skopp (DH) Elizabeth Wiley (GF) Theresa Lucado (THA) Alexis Joyce (DH)	Neil Wills (HS)† Cris DeSandos (DL) Michael Bannach (DH) Lisa Vasiliadis (GF) Rachel Riley (DH)
<b>Seniors</b>	John Berik (HS)	Alexis Joyce (DH)* Lisa Vasiliadis (GF) Tina Potts (DH) Andy Shelton (DH) Lamya Yadullah (FS)	Elizabeth Wiley (GF)† Leann Parente (FS) Neil Wills (HS) Melissa Worthington (THA) Emily Korff (DL)

\* Denotes Event Secretary

† Denotes Referee

## **GRADUATING SENIORS**

### **DAKOTA BANNACH (DOMINION HILLS)**

Dakota started diving for Dominion Hills in 2016 at the age of 10. She has enjoyed her time with her DH family and will miss them! She would like to thank all of those people who have helped her along the way. In the Fall she will be attending Virginia Tech, studying Environmental Science.

### **LUKE DIBENIGNO (DOMINION HILLS)**

Luke has been diving at DH since he was 5 years old. He has been a great asset to the team on the board and behind the scenes ever since! He currently holds the pool's Freshman, Junior and Senior dive records along with a swim team record. He has competed in VHSL Liberty Districts & Northern Region Championship Meets while at Yorktown high school as well as at NVSL All Stars the last 11 seasons.

The DH dive team has been his summer family. He's had a great childhood full of memories of practices, meets, Fun Fridays, Lip Sync Contests & Awards Banquets! As a coach he has greatly enjoyed helping create and grow the DH dive team community. He also loved helping divers achieve their goals. Luke is now heading off to James Madison University as a business major and is looking forward to what the future has in store as a JMU Duke!

### **AVA DUNN (TRURO HOMES ASSOCIATION)**

Ava began diving when she was just four years old! She joined the Truro team in 2014 and went on to win All Stars in both 2014 and 2015. She dove at Woodson High School for a year and has been a coach at Truro for the past two summers. She will miss holding on for dear life during "mat wars" on game days and coaching her curious new divers. The words she will always remember from Coach Rob are, "do you want to be good or do you want to be great?" The Truro team will miss her warm and insistent coaching style, her beautiful dives and especially her "death dives" (IYKYK). Congratulations on all you have accomplished, Ava!

## CAROLINE GALLAGHER (GREAT FALLS)

Caroline started her diving career with Great Falls Swim and Tennis in 2016 at age 11. She loved meeting new friends and quickly found a great group of kids, as well as diving with her brothers. Her favorite aspects of diving were to be able to compete against her previous scores all while being part of a team. She continued to dive with DDC, then for her high school, Stone Ridge School of the Sacred Heart for her high school career. She has enjoyed being part of the coaching staff at GFS&T this past summer. In the fall she will be attending the Pratt School of Engineering at Duke University. She thanks all of the wonderful, supportive coaches as well as all of the volunteers that help run these meets!

## ELLIE JOYCE (DOMINION HILLS)

Ellie started diving at Dominion Hills when she was seven and hasn't stopped since. Initially training with the legendary Bobby Meeks in the off seasons, she joined Dominion Dive club at age 10. Ellie is a three-time winner of the Wally Martin 3M event and four-time winner of the Synchro event. At Washington-Liberty High School, she was a four-time NISCA All American and won the VHSL Class 6 Championship in 2021. She has competed in the USA Diving Junior National Championships each year since 2018; and in 2022, earned a bronze medal on 3M and a silver medal on 1M. This past fall, she represented the United States at FINA Junior Worlds in Montreal, where she earned a gold medal as a part of the mixed team event and finished 13th on individual 1M. Ellie will continue her diving career at the University of North Carolina-Chapel Hill where she plans on majoring in Statistics and Analytics. Go Tar Heels! Above all, Ellie cherishes her time as both a diver and a coach at Dominion Hills the most. The numerous coaches and friendships formed at DH over the years have shaped her into the diver and person she has become.

## JOSEPH NIXON (DOMINION HILLS)

Joseph joined the DH dive team when he was 6 years old. His favorite memories will always be the constant cheering and upbeat practices. Meeting new friends, learning through mistakes, chucking new dives, and killing it at the lip sync will always be a part of being on DH Dive. Joseph hopes the younger divers will carry on the legacy of tormenting the coaches during water lines, and "Wumboing" at

the end of the meet. Joseph will always be thankful for his family who constantly convinced him to stick with dive, his friends who made it worth going, and the coaches who would push him to throw new dives. In the fall, Joseph will be attending Virginia Tech to study Engineering.

#### ELLIE POTTS (DOMINION HILLS)

Ellie joined the DH dive team in 2011 at the age of 6. She has been a coach for the past few years and has been heavily involved in increasing team spirit. She dove for the Washington Liberty dive team throughout her four years of high school and was the vice president of her class. Ellie will be attending St Lawrence University next year and she plans on studying environmental engineering.

#### RILEY SHELTON (DOMINION HILLS)

Riley has been a member of the Dominion Hills dive team for the last 12 years. At age six, Riley moved from the swim team to the DH dive team. Riley started as a freshman and moved through the age groups to her current senior position. Riley has participated in many divisional meets, Wally Martin meets, and endless DH dive meets. Riley has formed an unforgettable community with her fellow teammates, forming some of her most valued friendships that will last a lifetime. She has been a DH assistant dive coach for the last two years. Riley has really enjoyed coaching and LOVES getting the younger divers excited about diving and being part of the DH Dive community. She also dove for Washington Liberty HS for four years. Riley is a 2023 graduate from Washington Liberty HS, heading to Virginia Tech this fall to study environmental policy and business.

#### JEREMY SIMON (HS)

Jeremy Simon has been a member of the Highlands Dive Team for many years when he first joined as a freshman to be with his older brother and sister. Following in his sister's footsteps, he became an assistant coach and a true leader on the team showing fearlessness and tenacity in learning and perfecting the higher DD dives. Jeremy is truly loved and admired by the kids he has been coaching over the last three summers. Last year he qualified for the All Stars Meet and has been a varsity diver on the McLean High School dive team for years. In addition to dive, Jeremy is an avid baseball player. Jeremy graduated this spring

from McLean High School and will attend the University of Florida in the fall where he will major in Statistics. He will go from being a Highlands Whomping Turtle to a University of Florida Gator.

#### TREY TELLEEN (FAIRFAX STATION)

Trey Telleen joined the Fairfax Station Flyers 10 years ago as a swimmer. Five years ago he joined the dive team and has been swimming and diving for the Flyers ever since. Additionally, Trey is an assistant dive coach. This summer Trey broke the Flyers 20-year-old Senior Boy record. He also swam and dove for Centreville High School all 4 years and was a captain his senior year. In addition to diving, Trey is an accomplished pianist and violist. Trey enjoys many sports-- playing soccer, golf, and tennis in addition to swim and dive. Trey will be diving at Lafayette College and plans to study biology. He will be missed by his parents and 7 brothers and sisters.

#### BATYR TURATBEKOV (TRURO HOMES ASSOCIATION)

Batyr has been on Truro Swim and Dive for 8 seasons and his favorite meets are Divisionals and All Stars. In addition, he dove for Woodson High School for all four years and has coached for Truro over the last three summers. He will miss fun afternoon practices and game days after meets as well as doing the math behind each meet as the coach. Truro is grateful for the calm, supportive presence he has always been and for the great diving and sportsmanship he has practiced summer after summer. We wish him well as he begins his studies at Virginia Tech this fall. Congratulations on all you have accomplished, Batyr!

#### MATTEO VASILIADIS (GREAT FALLS)

Matteo started diving at Great Falls Swim & Tennis when he was 5 years old and immediately fell in love with the sport. He practiced every chance he got and earned the MVP and/or the coaches award every summer! He competed in many divisional meets and all-stars, which he won last year. He is an assistant coach for Great Falls and says, "I love to work with the young divers, teaching them new skills and inspiring them to enjoy the sport like my past coaches did for me." Matteo was a varsity diver at Langley HS all 4 years and finished 3rd at the state

meet this year. He is also a member of Dominion Dive Club and has competed in numerous USA Diving events, including Junior Nationals.

Matteo will be attending Brown University in the fall as a member of their dive team. He is grateful for his summer coaches and overall experience in the NVSL for "kickstarting his diving career!"