



**Team Rep Meeting
November 9, 2025**



Agenda

- Welcome, Approval of June Minutes, Operating Instructions, EXCOM Nominations
- Financial Report
- Website/Results Reporting
- Safety Reminders
- Rule Reminders / Proposed Rule Changes
- Clinics Information
- Dual Meet Information
- Sportsmanship Reminders
- Dive Team Seeding
- Training
- Handbook
- Awards/Scoresheet Orders
- Scholarship
- Election of Officers
- Division Coordinators/Host Pools
- Championship Meets
- Future Dates



League News and Updates

- Welcome!
- Approve June 2025 Minutes
- Updated Operating Instructions (can review online)
- We will be presenting the EXCOM's slate for Officer Nominations and asking for nominations from the floor and then vote on the slate for 2026-2027



Financial Report

- Insurance and Dues due by May 15 to avoid a late fee
- Will reimburse up \$50 per Divisional Meet and CJ Meet for meet supplies/ printer cartridges/paper (with receipts)
- Current Balance: \$22,053.01
 - Final NVSL payment due in Dec: ~ \$12,806.00
 - Rollover for next year: ~ \$9,247.01
- Getting estimate for additional 6 spots for award stand (expanding stand from 6 to 12 places. Previous stands built in 2025 for \$203 (used at CJ and All-Stars))
- No longer using Greenwood Photography. Parents, coaches, and team reps will now take photos of divers on award stand



Financial Report

Pool Name
NVSL Dive League
2026 Dues and Insurance

- Pool: Pool Name
- **Dues: 287.5**
- **Insurance: \$39.20**
- **Total: \$326.70 Due by May 15, 2026:**
- A \$25 late fee will be assessed to all payments received after May 15.
- Make checks payable to NVSL Dive.
Please mail checks to: Robert McKinney
7403 Farnum St
Springfield, VA 22151
- Per NVSL by-laws, failure to pay by June 1, 2026, will result in the member's forfeiture of all league privileges and activities until dues are paid in full.



Website/Results Reporting

- Send Thomas advertisements for coaching positions to post
- Please let Thomas know when Jobs are filled



Safety Reminders

- Read safety memo from website and reminders on p. 133 of Handbook; also, find out from your pool who maintains the dive facilities
- Ensure tight bolts, clean boards, adequate non-slip surface; otherwise, do not use
- Don't power wash boards (removes non-slip surface from board)
- Can clean boards with HTH
- Engage in dive activities only if County licensed pool operator and lifeguards on duty
- Follow inclement weather rules as specified in rules 10.a/b.(4)



Rule Reminders

- Eligibility: all divers must be covered by NVSL family membership
- Divers from team w/o dive team can join team with dive team
- Divers from team with dive team going to another dive team must be covered by family membership in 2nd team pool; may not be individual membership
- All NVSL meets must be refereed by official certified in either 2025 or 2026
- While Referee certification WAS previously contingent on having judged within NVSL at least one season, it is now possible to judge the first 2026 meet and then attend the 3rd Referee training and be certified.
- Rules chair/committee interprets and adjudicates the rules



Proposed 2026 Rule Changes

- 12 editorial rule changes to be reviewed and voted at EXCOM level
- 7 rule changes for team reps to vote on at March 2026 meeting
 - Recognize reciprocity between NVSL Swim and Dive when scheduling dive meets
 - Clarify if age groups in dual meets must be done in the order specified in the 2025 Handbook
 - Lower DDs for 101 and 201 for Freshmen/Junior dives to single DD
 - Lower DDs for 5111 and 5211 for Freshmen/Junior dives to single DD
 - Remove speculative language regarding failed dive declarations by referees
 - Expand definition for diver assistance criteria
 - Communication of well depth criteria in pre-dual meet planning discussions by home team rep with visiting team personnel



Clinics

- Team Reps – Please encourage ALL of your coaches and parents to attend.
 - Parents of new divers should attend the Judges' Clinic to learn the basics of springboard diving and the standards of dive
- Judges' and Referees' Clinics are adapted to the experiences of both the new/returning judges.
 - Identify rule changes
 - Emphasize standards of dive, dive adjudication, and provide demos for the Judges' Clinic
 - Shared experiences from veteran referees/judges provide valuable scenarios for all new volunteers
- Coaches Clinic
 - Emphasizes rules, interaction with officials, sportsmanship, and coaches' responsibilities
 - Coaches are THE role models for the divers



Clinics Schedule

- **Team Reps** May 31, 8:00 am at Overlee
- **Meet Workers** May 31, 9:45-10:45 am at Overlee
- **Judges** May 31, 10: 45 am-12:00 pm at Overlee
June 9, 6:30 pm at Chesterbrook
Date TBD
- **Referees** June 3, 6:30 pm at Overlee
June 14, 1:00 pm at Hamlet
Date TBD
- **Coaches** **Date TBD**



Dual Meets

- Dual meet schedule has been released
- Schedule based on Team Rep preferences for Home/Away meets
 - Any changes, please report to the Seeding Committee for use in next year's schedule
- If weather, or any other factor, prevents competition on Tuesday, reschedule within one week if possible



Sportsmanship

- Remind athletes, coaches, officials, and parents of the Standards of Conduct in the NVSL Handbook
 - This should be a part of your introductory briefing to parents
 - The bulk of issues in the past have arisen with parents objecting to official's rulings, we observed significant issues with coaches this past season



Dive Team Seeding

Guiding Principles

- Assign member pools to divisions to ensure equitable competition within each division.
- Assign teams to divisions based on their demonstrated performance.
- Consider any objective comments provided prior to the Committee meeting by the Team Representatives in the NVSL Dive Survey.
- Geography shall not be a factor in seeding.
- Principles and process defined in NVSL Dive Seeding Committee Operating Procedures.



Dive Team Seeding

Seeding Process

- We use a mathematical model to rank the teams based on the prior year
- Major Factors
 - Current Division – strength of competition
 - Number of Wins – team strength
 - Average Margin of Wins/Losses – relative measure of team strength and depth within its division
- Minor Factors
 - All-Star Competitors – relative measure of team depth
 - All-Star Team Score – relative measure of team depth



Dive Team Seeding

Decision Process

- Using the model as the initial basis for discussion to define the new divisions
- Analysis is insight, not answers.
- The Committee members then deliberate and determine the final seeding of the NVSL Dive teams based on all available information.



Training Committee

New Team Rep Clinic (do not confuse with June Team Rep Mtg)

- Presented virtually
- Recommended for ALL Team Reps

Judges Clinics

- 3 clinics



Training Committee

Referee Clinic

- New Ref material: how to run a meet; rule changes; unusual situations; Q&A
- Adding a 3rd clinic after the first meet

Table Workers Clinic

- Held separately from other clinics so everyone who wants to can attend

Coaches Clinic

- Professional coach will instruct new coaches on “How to be a Good Coach”
- We own clinic, not the professional coach
- Short brief on rule changes, Crackerjack, Wally Martin, and Synchro rules



Training Committee

Training Materials

- Will be posted on website with hyperlinked Table of Contents
- Many new training materials have been added to the website

Additional Training

- Team Reps may request additional training at their pool by contacting Lynn Clark at clarkmail66@icloud.com.
- Schedule early because your team calendar will fill up quickly.

Surveys Results are important

- Last year's survey responses drove changes in our clinics and handouts



Handbook

- Team Rep information has been updated for the Handbook, based on info we receive at the November Team Rep meeting and via email
- All Team Reps: Check names/contact info in Handbook
- Report corrections/provide updates to Kristin Webster
- Read and understand NVSL Dive Rules and ensure officials do same
- We are always looking for Sponsorships for NVSL Dive



Awards

B – Meet Ribbons

- Take inventory of your ribbons
- Start planning for your B – meets
- You can make sets of 8 or 10 or any size you need
- B – meet ribbons cost \$0.30 each. Do not have the year printed on them

Personal Best Ribbons


- Make great gifts for the divers
- Do not have the year stamped on them
- Personal best ribbons cost \$0.25 each

Score Sheet Orders

- Google form will be sent out to all team reps. Please fill out IF YOU NEED score pads

NVSL DIVING SCORE SHEET

FRESHMAN
JUNIOR
INTERMEDIATE
SENIOR



BOY
GIRL

OFFICIAL

NAME: _____ AFFILIATION: _____ ORDER: _____
MEET: _____ DATE: _____ METERS: 1 METER

NO.	DIVE NAME	POS	DD	1	2	3	4	5	6	7	Total	Award
101	FORWARD DIVE											

TOTAL AWARD: _____
FINAL PLACE: _____

DIVERS SIGNATURE: _____



Scholarship

- Five (5) awards are available.
- Application will be posted on the swim and dive website.
- Changes:
 - Application deadline is **June 8, 2026**
 - One recommendation letter from an NVSL affiliated person
 - Applicants may choose from the two topics listed.
- At your upcoming meetings, Team Reps should encourage their graduating seniors to apply (and start early)



Election of Officers

- EXCOM Slate of Officers:
 - VP: Judy Baltas
 - 2nd VP: David Grannis
 - Secretary: Katherine McClure
 - Treasurer: Bob McKinney
 - Chief Information Officer: Thomas Joyce
 - Chief Official: Jim Sweeder
- Nominations for EXCOM Officials from the Floor
- EXCOM Officials Vote



Division Coordinators

- A Division Coordinator helps all Team Reps in the division by providing guidance, sending reminders, and answering your questions.
- Your Division Coordinator is here to help you with questions from parents, coaches, divers, or officials.
- Division Coordinators finalize meet results, run the divisional meets, and help Team Reps work with one another to negotiate differences of opinion and reach solutions.
- If you don't know something, ask your division coordinator. They can help you find the answer in our league publications or send you to the right member on the EXCOM.



Division Coordinators/Host Pools

- Division I: Wes Bowman and Sarah McDonnell – Donaldson Run
- Division II:
- Division III: Joy Ditto - Parklawn
- Division IV: Tim Harbeck – Arlington Forest
- Division V: David Grannis – Wakefield Chapel (looking for co-DC)
- Division VI:
- Division VII:
- Division VIII:



Championship Meets

- Wally Martin 3 Meter Meet – July 12 (Oak Marr Rec Center)
- Crackerjack Meet – July 19 (North Springfield Pool)
- Divisional Meets – July 26
- Synchro 1 Meter Meet – July 28 (Old Keene Mill)*
- All-Star Meet – August 2 (Hunt Valley)

* Note: July 28th is a Tuesday



Future Dates

- Spring EXCOM Meeting Feb 2026
- Spring Team Rep Meeting Mar 2026
- 2026 Season Team Rep Meeting and Clinics May/June 2026
- Submit Proposed Rule Changes Oct 4, 2026



Adjournment

Thank you for your time in volunteering
for NVSL Dive!