

NVSL DIVING

DIVISION V



2026 DIVISION CHAMPIONSHIP

AT

LAKEVIEW

July 26, 2026

ESTIMATED EVENT SCHEDULE

OPEN WARM-UPS	7:00 AM – 7:45 AM
FRESHMAN GIRLS WARM-UP	7:45 AM
NATIONAL ANTHEM & OATHS	7:55 AM
FRESHMAN GIRLS	8:00 AM
FRESHMAN BOYS WARM-UP	8:30 AM
FRESHMAN BOYS	8:45 AM
JUNIOR GIRLS WARM-UP	9:05 AM
JUNIOR GIRLS	9:25 AM
JUNIOR BOYS WARM-UP	10:05 AM
JUNIOR BOYS	10:20 AM
INTERMEDIATE G's & B's WARM-UP	10:45 AM
PRESENTATION OF DIVISIONAL AWARDS	11:00 AM
INTERMEDIATE GIRLS & BOYS	11:10 AM
SENIOR GIRLS WARM-UP	11:50 AM
SENIOR GIRLS	12:10 PM
SENIOR BOYS WARM-UP	12:40 PM
SENIOR BOYS	1:05 PM
ESTIMATED END	1:40 PM

If the meet is running ahead of schedule, we will **not** wait for the posted times. Divers should be at the pool 30 minutes before your event. Warm-ups will be immediately before your event. Divers must check in upon arrival at registration.

The awards for each group will be presented during the warm-up period for the next group. The division championship trophy and the sportsmanship award will be presented after the junior boys' competition.

Thank You!!!

The NVSL runs on the volunteer participation from our community. Thank you to team reps for your exceptional work this season and to everyone who has volunteered time to make this enterprise work.

Our appreciation and special thanks to the Lakeview dive team representatives, dive team members and parents, staff and other members of Lakeview who are kindly hosting the Division V meet this year. Many thanks to all meet officials at the tables and on the decks whose help is so essential to running a meet.

A huge thank you to the coaches for their caring and patience that go beyond teaching dives. The greatest of thanks to all the divers in Division V, who have shared their spirit and talents with us this season.



Crosspointe (CP)



Dunn Loring (DL)



Lakeview (L)



Rutherford (R)



Truro (T)



Wakefield Chapel (WC)

QUALIFYING FOR ALL-STARS (SUNDAY, AUG. 2)

The highest two scoring divers in each event are eligible for the All-Stars meet. The next two place finishers will be the alternates in their age group and will be able to participate in All-Stars if the top two qualifiers are unable to attend.

Additionally, divers who finish no lower than first alternate in the divisional championship meet and who placed in the top eight in the previous year's All-Stars meet qualify for the All-Stars meet.

Last year's All-Stars top eight finishers now diving in Division V are:

Beatrice Sultanaeva (LV,SG)
Caleb Cherryholmes-Wesley (CP,IB)
Carina Bosco (DL,JG)
Jasper Eng (T,SB)
Matthew Robertson (WC,JB)
Ray Roswell (CP,JB)
Eleanor Roswell (CP,FG)

Additionally, divers who achieve a divisional championship meet score equal to or greater than the average fifth place All-Stars score listed below for their age group will qualify for the All-Stars meet regardless of place finish.

Average Fifth Place Scores

Freshman Girls	70.24	Freshman Boys	68.18
Junior Girls	101.64	Junior Boys	97.02
Intermediate Girls	134.72	Intermediate Boys	135.07
Senior Girls	182.48	Senior Boys	202.14

TEAM COACHES

Crosspointe	Ocean Archambault, Amari Scruggs
Dunn Loring	Fatme Khraibani, Kiran Vasudevan, Peter Beatty
Lakeview	Beatrice Sultanaeva and Adam Lash
Rutherford	John Burns, Kathryn Fegan
Truro	Presley Julio, Madison Worthington, Jasper Eng
Wakefield Chapel	Katie Flegal and Charlotte Fay

TEAM REPRESENTATIVES

Crosspointe	Todd Whaley and Mike Roswell
Dunn Loring	Susie Martonik, Theresa Beatty, Andrea Bosco
Lakeview	Kelley Newsad
Rutherford	Kathy Burns
Truro	Jennie Eng
Wakefield Chapel	Khanh Stenberg and Allison Williams

MEET OFFICIALS

Division Coordinator: David Grannis

Meet Managers: David Grannis and Kelley Newsad

DIVISION V CHAMPIONSHIP DIVERS

(listed alphabetically)

FRESHMAN EVENT

(Age 10 and under)

Freshman Girls

Addie Cavalieri, RFD
Adeline Andresen, LV
Alessandra Falsone, DL
Bridget Arguello, RFD
Clementine Boinet, THA
Eleanor Roswell, CP
Elizabeth Andrews, DL
Gwen Harger, LV
Hattie Flores, CP
Iris Williams, RFD
Josie Newsad, LV
Lucy Wolverton, WC
Maggie Steffen, RFD
Mary Clare Hanley, LV
Mia Mroz, DL
Sadie Fickling, LV
Skylar Carlini, CP
Zoe Mroz, DL

Freshman Boys

Andrew Werlinger, CP
Brooks Roehrig, CP
Douglas Arguello, RFD
Emmett Wright, WC
Hudson Evans, WC
Judson Fickling, LV
Landon Carlini, CP
Mateo Esquivel, DL
Oscar Turatbekov, THA
Rowen Stenberg, WC

JUNIOR EVENT
(Age 11-12)

Junior Girls

Adelyn Whaley, CP
Ana Negrelli, WC
Cameron Faul, WC
Carina Bosco, DL
Carolina Neill, WC
Charlie Williams, WC
Elise Esquivel, DL
Emerson Harris, CP
Emma Keener, LV
Emma Robinson, LV
Emmy Dugger, CP
Isabella Falsone, DL
Isla Newsad, LV
Jayne Argentina, RFD
Lena Burton, WC
Stella Baldeon Masturzo, DL
Vivi Simanovschi, CP

Junior Boys

Austin Brooks, RFD
Callum Pitera, THA
Colby Steffen, RFD
Henry Shell, CP
John Tarr, LV
Matthew Robertson, WC
Nate Siegel, WC
Nolan Cherryholmes-
Wesley, CP
Ray Roswell, CP
Theodore Brewer, DL

INTERMEDIATE EVENT
(Age 13-14)

Intermediate Girls

Acadia Taylor, RFD
Clara Beatty, DL
Emily Fay, WC
Erin Martonik, DL
Eva Negrelli, WC
Lili Karayilan, RFD
Mimi Braswell, RFD
Sarah Fickling, LV

Intermediate Boys

Aniket Agarwal, LV
Caleb Cherryholmes-Wesley,
CP
Ewan Girard, THA
Kamran Martin, RFD

SENIOR EVENT
(Age 15-18)

Senior Girls

Ainslee Girard, THA
Beatrice Sultanaeva, LV
Charlotte Fay, WC
Claire Andresen, LV
Kathryn Fegan, RFD
Kiran Vasudevan, DL
Maddie Ebaugh, WC
Quinn Harris, CP

Senior Boys

Adam Lash, LV
Finn Johns, CP
George Miller, DL
Jasper Eng, THA
John Burns, RFD
Kyle Ratner, DL
Madison Worthington, THA
Peter Beatty, DL
Roman Braswell, RFD
Wyatt Fegan, RFD

MEET VOLUNTEERS – DIVISION V

	Announcer (A)/ Registration (R)	Table Workers	Judges/Referees
Freshmen	TBD Susie Martonik (DL, R)	Andrea Bosco (DL) Elizabeth Masturzo (DL) Jennie Eng (T) Jessica Roswell (CP) Stu Williams (R, awards)	Todd Whaley (CP)* Mary Tarr (LV) Michael Fay (WC) Chris Eng (T) Sarah Esquivel (DL)
Juniors	Jerry Negrelli (WC, A) Khanh Stenberg (WC, R)	Steve Tarr (LV) Chris Andresen (LV) Theresa Beatty (DL) Melanie Cavalieri (R) Jen Brooks (R, awards)	Ryan Stenberg (WC)* Michelle Negrelli (WC). James Argentina (R) Jeff Lash (LV) TBD
Inter's	Nimmi Kannankutty (DL, A) No registration	Steve Tarr (LV) Chris Andresen (LV) Elizabeth Falsone (DL) Kathy Burns (R)	Mel Worthington (T)* Mary Tarr (LV) Jay Vasudevan (DL) Todd Whaley (CP) Mike Roswell (CP)
Seniors	Todd Whaley (CP, A) No registration	Rebecca Fay (WC) Laura Miller (DL) Keri Lewis (CP) Sarah Girard (T)	David Grannis* Ryan Stenberg (WC) TBD TBD TBD

* Denotes Referee

GRADUATING SENIORS

Amari Scruggs (Crosspointe)

Amari has been with the cruisers since 2021, actively diving for 6 years and coaching for 4 years. In addition to her time with the Cruisers, Amari also coaches8 diving year round at Franconia Rec Center and dove for South County high school for 3 years, managing her senior year. Amari plans to attend northern Virginia community college for 2 years, and then transfer to Virginia Commonwealth University to major in Kinesiology and minor in Childhood Development, with hopes of becoming a pediatric occupational therapist. She would also like to thank her mom and dad for never giving up on her throughout all of her injuries and standing by her side throughout, and she would also like to thank her sister for being someone to always look up to. Amari is so grateful to have had been with such an amazing group of people and is very excited for the next chapter.

John Burns (Rutherford)

John Burns has competed in 8 dive seasons with NVSL at Rutherford Pool. He has enjoyed diving in Divisionals every season. He was the Rutherford Assistant Dive Coach last year and this year he is their Head Coach. In 2022, John won the Rutherford Diver of the Year award which celebrates a diver for not only his diving ability, but team spirit, kindness and sportsmanship. Some of his favorite dive team memories are Progressive Dinner and manhunt and ice cream after meets. John will be attending George Mason University in the fall where he will pursue a degree in Mechanical Engineering.

Kiran Vasudevan (Dunn Loring)

Kiran Vasudevan has been a part of the Dunn Loring Swim and Dive Team since she was six years old. She recently graduated from George C. Marshall High School, where she was a member of the dive team for all four years, and a captain for her last two. This is her third year coaching the Dunn Loring Dive. Some of her favorite memories include playing laser tag at the pool, making chalk drawings outside the entrance, and, of course, making paper plate awards. This fall, she will attend the University of Pittsburgh to study pre-med biology. She would like to thank her parents, friends, and her brother for making the team a fun and supportive journey that she will never forget.

Roman Braswell (Rutherford)

Roman has been a member of the Rutherford Dive Team for five seasons. He quickly found success, placing second at Divisionals in his first season and later earning Division Champion titles in 2021 and 2022. He was in All-Stars in 2019, finishing fourth, and again in 2021, when he placed second. Roman also dove competitively with Mason Dive Academy and Dominion Dive Club, where he competed also at the regional level. This fall, he will attend the University of Mary Washington to study kinesiology on his path to becoming a physical therapist while playing lacrosse. His favorite Rutherford Dive Team memories are the post-meet ice cream trips with his teammates.

NVSL Dive Divisional Meet Team Award

An award will be given to the team that earns the most points at the Divisional meet. This award is another opportunity for the divers to contribute to their team. This is an additional award and does not have any bearing on the Division Champion determination. The points are awarded as follows:

Place	Team Points
1 st	20
2 nd	17
3 rd	15
4 th	13
5 th	12
6 th	11
7 th	10
8 th	9
9 th	8
10 th	7
11 th	6
12 th	5
13 th	4
14 th	3
15 th	2
16 th +	1