

NVSL Diving

Division 2



Division Championship Meet

Hosted at Fairfax Station

July 26, 2026

Estimated Schedule

The estimated start times are for the actual diving event. Try to arrive no less than 30 minutes before your event warm up time. If we are running ahead of schedule, we will continue to the next event.

The awards for each group will be presented during the warm-up period for the next group. The division championship trophy and the sportsmanship award will be presented after the Junior Boys competition.

Registration opens at 7:15am

	Warmup	Start	End	
Freshman Girls	7:45 AM	8:00 AM	8:24 AM	
Freshman Boys	8:24 AM	8:39 AM	8:57 AM	
Junior Girls & Boys	8:57 AM	9:27 AM	10:16 AM	
Intermediate Girls & Boys	10:16 AM	10:46 AM	11:53 AM	
Senior Girls	11:53 PM	12:23 PM	1:02 PM	
Senior Boys	1:02 PM	1:32 PM	2:21 PM	

Thank you!

Thank you to Fairfax Station for hosting our Divisional Meet this year!

Many thanks to all our officials on deck and all the table whose work is so essential to meet operations! Thank you to the many coaches for their dedication to nurturing young divers on and off the boards. And finally, a big thank you to the team representatives for all they do throughout the year!

National Anthem	NVSL OATHS	
Rowan Overman	Julie Denniston Russell Jefferies	
Registration		
7-930	930-12	12-3
Joy Oliver	Carrie Hurt	Jen Argenta
Jen Argenta (until 9)	Maija Lawler	

Table Workers				
	Freshman	Juniors	Intermediates	Seniors
Announcer	Anita O'Quinn	Anita O'Quinn	Anita O'Quinn	Anita O'Quinn
Computer	Julie Wagner	Julie Wagner	Julie Wagner	Julie Wagner
Scorekeeper 1	Elena Bryan	Franny Jessup	Katrina Newston	Franny Jessup
Scorekeeper 2	Karin Denniston	Jen Simmons	Allison DiVincenzo	Chris Waters
Calculator 1	Theresa Wills	Tracey Gardiner	Tracey Gardiner	Elizabeth Subasavage
Calculator 2	Kendra Burnside	Logan Wilburn	Kelly Fitzgerald	Leanne Parente
Awards	Sarah Scott	Sarah Scott	Sarah Scott	Sarah Scott
Awards	Julie Wagner	Julie Wagner	Julie Wagner	Julie Wagner

Judging Panels				
	Freshman	Juniors	Intermediates	Seniors
Ref and Judge 1	Russell Jeffries	Russell Jeffries	Russell Jeffries	Russell Jeffries
Judge 2	Morgan Kuehne	Lincoln Zahler	Tracey Harley	Tracey Harley
Judge 3	Laurie Blakeman	Sarah Squire	Theresa Wills	Lincoln Zahler
Judge 4	Ann Manning	Ann Manning	Ann Manning	Ann Manning
Judge 5	Jeff Denniston	Chris Thackaberry	Ed Gardiner	Chris Thackaberry
Judge 6	Besty Yarrison	Besty Yarrison	Besty Yarrison	Besty Yarrison
Judge 7	Ergene Lee	Ergene Lee	Steve Ricks	Donny Anderson

Meet Officials

Division Coordinator: Sarah Scott

Referee: Russell Jefferies

Coaches & Team Representatives



Team Rep – Leann Parente, Stephanie Pidgeon
Head Coach – Krescent Telleen
Assistant Coaches – Darcy Telleen, Anamarie Harrison



Team Rep – Tracey Gardiner
Head Coach – Becca Shelton, Leah Kirk
Assistant Coaches – Sophie Leland, Joey Ogrodny,
Chloe Niphadkabin, Derek Baltas



Team Rep – Karen Denniston
Head Coach – Leigh Anne Methlie, Sina Naeemi
Assistant Coaches – Emma Webb, Ziya Bhasin,
Cate Lawler, Fran Pereira



Team Rep – Jennifer Argenta
Head Coach – Douglas Beavers
Assistant Coaches – Isabel Smith, Evan Vink, Nolan Scott



Team Rep – Julie Wagner
Head Coach – Diller Matthews
Assistant Coaches – Sophia Newtonson, Griffin Wagner, TJ Zahler



Team Rep – Jaclyn Brubeck, Kiley Kraskouskas
Head Coach – Tom Blakeman
Assistant Coaches – Anita O'Quinn, CJ Silva,
Anna Fitzgerald, Aidan Jones

2026 Graduating Seniors

Ziya Bhasin (Kent Gardens)

Ziya has been part of the Kent Gardens dive team for nine years and has been a coach for four years. She is extremely grateful for her time at Kent Gardens especially because of the great friends she's made and her amazing coaches, Sina and Leigh Anne. She's also been part of McLean high school varsity dive team for four years and captain for two of those years. Ziya is extremely excited to attend the University of Virginia in the fall where she'll be majoring in finance.

ANNA FITZGERALD (SHRA)

I have been involved at SHRA for over 11 years. I will always remember how welcoming the community was and how it was so important to always have fun with what you were doing. I want to thank Coach Rachel for teaching me the importance of a positive mindset and Coach Anita for always being there for me. Finally, I want to thank my parents and family for their endless support throughout the years. I plan on attending the University of Virginia and majoring in biology.

Anamarie Harrison (Fairfax Station)

Anamarie started her swim and dive career at Rolling Hills around the age of 5. She switched over to Fairfax Station at 12, and has been assistant dive coach for the past 2 years. She was on the Robinson swim and dive team all four years, and was captain for the last two. Anamarie also played field hockey and lacrosse all four years. She was involved in German Honor Society, English Honor Society, Science Honor Society and Rho Kappa. She will be attending James Madison University.

Ward's Gardiner Senior Recognition (HV)

Ward began his diving career in 2018 at the age of 10 with the Hunt Valley Stingrays. Since then, he has remained dedicated to the sport, continuing through the years and competing as a high school diver.

It has been a privilege to watch Ward grow into an outstanding young man. From conversations about Pokémon Go to discussions about building computers, I have always been impressed by his curiosity, intelligence, and determination.

Ward is a fierce competitor, often challenging himself more than anyone else. He is constantly working to perfect his dives and push himself to be better every day. His dedication, perseverance, and commitment to improvement have made him a remarkable athlete and teammate.

This fall, Ward will attend **Virginia Commonwealth University**, where he will study **Mechanical Engineering**. We know he will bring the same drive and passion to his studies that he has brought to diving.

And, of course, no recognition of Ward would be complete without mentioning his favorite breakfast of champions after dive practice: **Strawberry Pop-Tarts!** In honor of Ward and his dive journey, we'd like to share his favorite post-practice snack with all the divers on deck today.

Congratulations, Ward! We are so proud of all you have accomplished and can't wait to see what the future holds for you.

MATTHEW HEIM (SHRA)

I have been involved with diving at SHRA for 8 years, 3 of which I was coaching. I would like to thank Coach Anita for coaching me both at SHRA and at my middle school for the past 8 years. She kept me interested in diving when I wasn't sure if I wanted to come back after each injury. I would like to thank Coach Tom for keeping me honest with how I see myself as a person and a diver. I would like to thank my wonderful parents for supporting me at all my meets, dropping me off and picking me up from practice before I had my license, encouraging me to try my hardest at ADC where I dived for 2 years, and for keeping me fed! I plan to double major in exercise science and biology at Old Dominion University while singing in their choral ensembles and (hopefully) begin a dive club for fellow undergraduate students. I want to become a physical therapist because activity is something everyone deserves, especially if their injury took it away from them.

KALYN O'HARA (SHRA)

I have been on the dive team at SHRA on and off since I was 8 years old. When I was younger, my favorite thing to do at SHRA was just hang out with my friends at the pool. Over the years, SHRA has become like a second home to me because of all the people and the

friendships I've made here. One of my favorite memories was making All Stars for both swim and dive and placing in both. It was such a fun experience, and it's something I'll always remember. I also want to give a shoutout to everyone who welcomed me back to the dive team after I took a few years off. It meant a lot to me that everyone was so happy to have me back. After this summer, I'll be finishing my senior year of high school, and then I'll be going to West Point to continue my swimming career.

Freshman Girls

Name	Team	Score	Place
Callie Seanson	SHRA		
Tessa Wilburn	PAR		
Olivia Anderson	FS		
Emery Thome	SHRA		
Aliyah Pleisch	HV		
Riley Miller	HV		
Myla Metzger	SHRA		
Evie Lynch	RH		
Lillian Miller	RH		
Eliana White	HV		
Rorie McCarthy	KG		
Lauryn Riodan	KG		
Bridget O'Leary	FS		

Freshman Boys

Name	Team	Score	Place
Stevie Simmons	PAR		
Lincoln Kemp	HV		
Keegan Donnelly	RH		
Finn Scheren	FS		
Barrett Olms	FS		
Jack Ross	SHRA		
Brody Squire	SHRA		
LJ Herrick	PAR		
Fletcher Telleen	RHFS		
Gabriel Fernandez	SHRA		

Junior Girls

Name	Team	Score	Place
Elizabeth DiVincenzo	SHRA		
Brielle Burnside	PAR		
Holly Denniston	KG		
Luciana Fernandez	SHRA		
JoJo Wills	PAR		
Emma Armanyos	KG		
Rowan Overman	FS		
Martha Bryan	KG		
Natalie Esquivel	HV		
Evangeline Thome	SHRA		
Ally Argenta	PAR		
Hannah Waters	PAR		
Scout Freeman	RH		
Victoria Williams	FS		
Payton Bennett	HV		
Lillian Plotnick	HV		

Junior Boys

Name	Team	Score	Place
Cavan Telleen	FS		
Flynn Miller	PAR		
Brodie Kuehne	RH		
Ebenezer Louie	FS		
Noble Riordan	KG		
Liam Ross	SHRA		

Intermediate Girls

Name	Team	Score	Place
Kira Bhasin	KG		
Allyson Bitner	HV		
Colette Marra	SHRA		
Quinn Zahler	RH		
Julia Denniston	KG		
Gabrielle Subasavage	PAR		
Elizabeth Pidgeon	FS		
Milla Schymanski	KG		
Elle Feeley	SHRA		
Lilly Jessup	RH		
Xanthy Kuejne	RH		
Katelyn Thackaberry	RH		
Avery Swanson	SHRA		
Sienna Howell	HV		
Hannah Brubeck	SHRA		
Charlotte Rotteveel	PAR		
Noelle Telleen	FS		

Intermediate Boys

Name	Team	Score	Place
Lucas Moreno	KG		
Ian Thackaberry	RH		
Adam Ogrodny	HV		
Teddy Anderson	FS		
Linus Raring	FS		
Like Joyner	KG		

Senior Girls

Name	Team	Score	Place
Anamarie Harrison	FS		
Aubree Burnside	PAR		
Trevi Grace Ricks	KG		
Adelina Scott	PAR		
Sophie Newtson	RH		
Anna Fitzgerald	SHRA		
Sophie Leland	HV		
Cate Lawler	KG		
Darcy Telleen	FS		
Chloe Niphadkabin	HV		
Ziya Bhasin	KG		

Senior Boys

Name	Team	Score	Place
Andrew Parente	FS		
Griffin Wagner	RH		
Gabe Newtson	RH		
Sheen Lee	HV		
Landon Manwaring	KG		
Caleb Orban	PAR		
Ward Gardiner	HV		
Matthew Heim	SHRA		
Henry Phoel	KG		
Jacob Hurt	RH		
Hudson Lynch	RH		
Nolan Scott	PAR		
Karsten Tregaskis-Gordon	RH		
Joseph Ogrodny	HV		

NVSL DIVING

2026 SEASON - AVERAGE FIFTH PLACE

ALL-STAR FINISHES

Freshman Girls – 70.24

Freshman Boys – 68.18

Junior Girls – 101.64

Junior Boys – 97.02

Intermediate Girls – 134.72

Intermediate Boys – 135.07

Senior Girls – 182.48

Senior Boys – 202.14

Information validated March 30, 2026