

DIVISION I NVSL DIVING



**INDIVIDUAL CHAMPIONSHIP
& ALL-STAR QUALIFIER MEET**

AT

OAKTON SWIM & RACQUET CLUB

July 26, 2026

ESTIMATED TIME SCHEDULE

FRESHMAN GIRLS WARM-UP	7:40 AM
NATIONAL ANTHEM & OATHS	7:55 AM
FRESHMAN GIRLS	8:00 AM
FRESHMAN BOYS WARM-UP	8:20 AM
FRESHMAN BOYS	8:35 AM
JUNIOR GIRLS WARM-UP	8:50 AM
JUNIOR GIRLS	9:10 AM
JUNIOR BOYS WARM-UP	9:35 AM
JUNIOR BOYS	9:55 AM
PRESENTATION OF DIVISIONAL AWARDS	10:30 AM
INTERMEDIATE GIRLS WARM-UP	10:35 AM
INTERMEDIATE GIRLS	10:55 AM
INTERMEDIATE BOYS WARM-UP	11:30 AM
INTERMEDIATE BOYS	11:50 AM
SENIOR GIRLS WARM-UP	12:15 AM
SENIOR GIRLS	12:35 PM
SENIOR BOYS WARM-UP	1:20 PM
SENIOR BOYS	1:40 PM
ESTIMATED END	2:35 PM

Bolded start times are for the actual diving event. Divers, please arrive 30 minutes before your event. Warm-ups will be immediately before your start time for approximately 15-20 minutes.

Volunteers, please arrive 30 minutes prior to expected shift start. Refs, judges, & table workers, please report to table at beginning of the event's warm up.

Awards for each group will be presented during the warm-up period for the next group. The Division Championship trophy and Sportsmanship Award will be presented after the Junior Boys competition.

Enormous thank you and appreciation to Oakton Dive Team Representative Diana Blanco, and all Oakton Swim & Racquet Club divers, parents, staff & members for hosting divisionals this year. Your hours of dedication to this successful dive meet are deeply grateful.

A heartfelt thank you to all our amazing dive coaches for their incredible care and dedication that goes so far beyond just teaching dives! Your mentorship, encouragement, and unwavering support has made a meaningful difference in every diver's journey. And our deepest gratitude to all the talented Division I divers who have shared their remarkable gifts with us throughout this wonderful season - watching you grow, push boundaries, and achieve new heights has been absolutely inspiring.

We also want to extend our warmest appreciation to all the volunteers who have given their time and energy to make this season possible. From referees to judges, announcers to table workers, your generous contributions have created the foundation for all our success. Together - coaches, divers, and volunteers - you've built something truly special, and we're grateful to be part of this incredible NVSL Dive community!



QUALIFYING FOR ALL-STARS

The highest three scores in each event are eligible for the All-Stars meet. They are called “place qualifiers.” The next three finishers will be the alternates for his/her age group and will be able to participate in All-Stars if the top three qualifiers are unable to attend.

Divers who placed in the top eight in the previous year’s All-Stars meet AND who finish no lower than first alternate (4th Place) in this year’s divisional championship meet qualify for the All-Stars meet.

2025’s All-Stars top eight finishers now diving in Division I are:

FB Graham Smith (OAK)

JG Isabella DeSando (VW)

JB Connor Barron (F)

JG Ivy Rasmussen (HS)

JB John Berik (HS)

JG Chloe Sanglier (OAK)

JB Jasper Carpenter (F)

JG Brynn Strano (F)

JB Siddharth Chandran (HS)

IG Eleanor Chang (VW)

IB Faustino Fredes (HS)

IG Alex Klimek (DR)

IB Elijah Hawley (VW)

SG Olivia Berik (HS)

SB Sawyer Andrews (F)

SG Taylor McDonnell (DR)

SB Michael DeSando (VW)

SG Olivia Roca (F)

SB Brendan Doe (OAK)

SG Isabelle Whang (OAK)

SB Alexander Lum (W)

SB Payton Reed (VW)

SB Sam Zarechnak (OAK)

Additionally, divers who achieve a divisional championship meet score equal to or greater than the fifth place historical average All-Star score for their age group (listed below), will qualify for the All-Star Meet regardless of place finish.

Average All-Star Meet Fifth Place Scores

Freshman Girls 70.24

Freshman Boys 68.18

Junior Girls 101.64

Junior Boys 97.02

Intermediate Girls 134.72

Intermediate Boys 135.07

Senior Girls 182.48

Senior Boys 202.14

TEAM COACHES

Donaldson Run	Head Coach Brian Coonce Assistant Coaches Jenna Sheetz, Audrey Bowman, Sam Mulchandani, Michael Staren, Eli Chin-Fatt, Taylor McDonnell, Vikram Martinez, & Todd Orvald
Highlands	Head Coach Anne Schwemmer Assistant Coaches Charlotte Berik, Lucas Stadelmann, Trent Hooton, & Olivia Berik
Fairfax	Head Coach Kenny McAdoo Assistant Coaches Christian Anderson & Lexi Haynie Junior Coach Cody Schneider
Oakton	Head Coach Ken Hansen Assistant Head Coach Jon Anthony Montel Senior Assistant Coach Isabelle Whang Developmental Head Coach Cheryl Meltz-Kroopnick
Vienna Woods	Head Coaches Marc Van Dyken & Laura O'Brien Assistant Coach Marleigh DaSilva Junior Coach Peyton Reed
Woodley	Head Coach Ginger Richards Assistant Coaches Silas Mitchell & Caleb Hoover Junior Coaches Eliza Pollack & Rylan Woods

DIVE TEAM REPRESENTATIVES

Donaldson Run	Elizabeth Fitzgerald & Caroline Simms
Highlands	John Berik
Fairfax	Mary Stinnett & Ginny Barron
Oakton	Diana Blanco
Vienna Woods	Beth Chang
Woodley	Emily Hoover

NVSL D1 DIVE DIVISION COORDINATORS

Wesley Bowman & Sarah McDonnell

DIVISION 1 FRESHMAN DIVERS

(Ages 10 and under)

FRESHMAN GIRLS		SCORE	PLACE
1	Eloise Berthe (OAK)		
2	Elanor Fitzgerald (DR)		
3	Kylie O'Brien (VW)		
4	Aurora Davison (W)		
5	Audrey Jacob (F)		
6	Grace Weide (HS)		
7	Katherine Weaver (DR)		
8	Maggie O'Loughlin (F)		
9	Meghan Hetmanski (W)		
10	Lily Flynn (HS)		
11	Maddie Dennison-Gibby (OAK)		

DIVISION 1 FRESHMAN DIVERS (cont.)

(Ages 10 and under)

FRESHMAN BOYS		SCORE	PLACE
1	Graham Smith (OAK)		
2	Mason Methot (F)		
3	Cilllian Casey (VW)		
4	Porter Titus (HS)		
5	Ben Smith (OAK)		
6	Tobin Boulter (W)		
7	Santiago Fredes (HS)		
8	Christian Jacobs (DR)		
9	Charlie Morgan (W)		
10	Hunter Simms (DR)		

DIVISION 1 JUNIOR DIVERS

(Ages 11 and 12)

JUNIOR GIRLS		SCORE	PLACE
1	Chloe Sanglier (OAK)		
2	Ivy Rasmussen (HS)		
3	Sophia Blanco (OAK)		
4	Savannah Barry (VW)		
5	Callie Moriarty (DR)		
6	Brynn Strano (F)		
7	Bella DeSando (VW)		
8	Brooke McNair (F)		
9	Finley McDonnell (DR)		
10	Emerie Woods (W)		

DIVISION 1 JUNIOR DIVERS (cont.)

(Ages 11 and 12)

JUNIOR BOYS		SCORE	PLACE
1	Harrison Niday (W)		
2	John Berik (HS)		
3	Patrick Walsh (OAK)		
4	Jasper Carpenter (F)		
5	Connor Barron (F)		
6	Dex Weaver (DR)		
7	Kai Boulter (W)		
8	Siddharth Chandran (HS)		
9	Blaise Hawley (VW)		
10	Henry Chang (OAK)		
11	Cameron Beck (VW)		
12	Tripp Simms (DR)		
13	Gabe Wilson (OAK)		
14	Zachary "Zach" Lum (W)		

DIVISION 1 INTERMEDIATE DIVERS

(Ages 13 and 14)

INTERMEDIATE GIRLS		SCORE	PLACE
1	Lily Carpenter (F)		
2	Emme Bryce (HS)		
3	Lily Klein (DR)		
4	Emma Strano (F)		
5	Eleanor Chang (VW)		
6	Alex Klimek (DR)		
7	Sophia Niday (W)		
8	Julia Paukovits (HS)		
9	Claire Keating (VW)		
10	Esther Dewhirst (HS)		
11	Mackenzie Karrels (VW)		

DIVISION 1 INTERMEDIATE DIVERS (cont.)

(Ages 13 and 14)

INTERMEDIATE BOYS		SCORE	PLACE
1	Tommy Edgerton (DR)		
2	Peyton Farahi (F)		
3	Connor Stith (HS)		
4	Trey McIntosh (F)		
5	Faustino Fredes (HS)		
6	Christopher Barron (F)		
7	Ravi Martinez (DR)		
8	Miles Naftanel (VS)		
9	Elijah Hawley (VW)		

DIVISION 1 SENIOR DIVERS

(Ages 15-18)

SENIOR GIRLS		SCORE	PLACE
1	Charlotte Berik (HS)		
2	Charlotte Henderson (OAK)		
3	Rylan Woods (W)		
4	Eliza Pollack (W)		
5	Audrey Bowman (DR)		
6	Kayla Knight (OAK)		
7	Cally Coddling (F)		
8	Olivia Berik (HS)		
9	Isabelle Whang* (OAK)		
10	Sophie Bourdelais (VW)		
11	Taylor McDonnell (DR)		
12	Olivia Roca (F)		

* Denotes 2026 Graduating Senior

DIVISION 1 SENIOR DIVERS (Cont.)

(Ages 15-18)

SENIOR BOYS		SCORE	PLACE
1	Sam Zarechnak (OAK)		
2	Zachary "Zach" Napoli (W)		
3	Michael Staren (DR)		
4	Asa Keller (W)		
5	Lucas Stadelmann (HS)		
6	Caleb Mcmanus (OAK)		
7	Connor Timm (OAK)		
8	Alex Lum (W)		
9	Sam Mulchandani* (DR)		
10	Cody Schneider* (F)		
11	Ben Pollack (W)		
12	Michael DeSando* (VW)		
13	Trent Hooton (HS)		
14	Alex Negrón (OAK)		
15	Sawyer Andrews* (F)		
16	Peyton Reed (VW)		
17	Caleb Hoover** (W)		

* Denotes 2026 Graduating Senior

** denotes Super Senior

DIVISION I MEET VOLUNTEERS

	Announcer* & Table Workers	Referee* & Judges
Freshmen	Wes Bowman (DR/Div1) Ginny Barron (F) Laurel Carpenter (F) Mary Stinnett (F) Caroline Simms (DR) Elizabeth Fitzgerald (DR) Sarah McDonnell (DR/Div1)	Elaine Reed* (VW) John Berik (HS) Tracy Chang (OAK) Kyle Hoover (W) Bradford Knight (OAK) Greg Wilson (OAK)
Juniors	Cheryl Napoli* (W) Beth Chang (VW) Tara Davison (W) Mariano Fredes (HS) Justine Morgan (W) Liz Fitzgerald (DR) Sarah McDonnell (DR/Div1)	Kyle Hoover* (W) Wes Bowman (DR/Div1) James Chang (VW) Sophie Dennison-Gibby (OAK) Bradford Knight (OAK) Mary Stinnett (F)
Intermediates	Cheryl Napoli* (W) Ann Hooton (HS) Devon Staren (DR) Mary Stinnett (F) Augusta Niday (W) Liz Fitzgerald (DR) Sarah McDonnell (DR/Div1)	Kelcey Moriarty* (DR) Kyle Hoover (W) Albert Lum (W) Ric Roca (F) John Weaver (DR) Daniel Whang (OAK)
Seniors	Zach Patteson* (F) Ginny Barron (F) Summer Bowman (OAK) Liz Fitzgerald (DR) Anjali Martinez (DR) Caroline Simms (DR) Sarah McDonnell (DR/Div1)	Sophie Dennison-Gibby* (OAK) John Bourdelais (VW) Wes Bowman (DR/Div1) Christiane Desando (VW) Bradford Knight (OAK) Albert Lum (W) Tom Schneider (F) Devon Staren (DR) Mary Stinnett (F) Daniel Whang (OAK)

National Anthem Performer Woodley Coach Silas Mitchell on electric guitar

GRADUATING SENIORS

SAM MULCHANDANI (Donaldson Run)

Sam joined the Donaldson Run Dive Team at age 5, and he has been an assistant coach for the past 3 summers. Outside of DR, Sam dove at both Dorothy Hamm Middle School and then Washington-Liberty High School, climbing the ranks to become captain his senior year. He also participated in Alexandria Dive Club and trained with John Barry in the off-season. In September, Sam leaves for the University of California, Santa Barbara, where he will be studying physics.

JENNA SHEETZ (Donaldson Run)

Jenna was a competitive gymnast throughout her early childhood and teen years, and she joined the dive team at Donaldson Run in 2020. She was a member of Yorktown HS Varsity Dive team and Captain of the team her senior year. Jenna loves diving and over the past few years her love for diving has grown into a love for coaching. She has coached at Donaldson Run for 4 years and part time at Long Bridge Aquatic Center. Jenna will be attending Tufts University in Boston in the fall and plans to major in psychology and law.

CHARLOTTE FLETCHER (Donaldson Run)

Charlotte started diving around age 8, took a few years off, and then worked hard to come back. She was a part of the Yorktown High School Swim & Dive Team for 3 years. Charlotte will be attending Swarthmore College in the fall.

CODY SCHNEIDER (Fairfax)

Cody graduated from Fairfax High School. He has been diving with the Fairfax Frogs since 2021. Outside of the pool, Cody dives with a club and also played lacrosse in high school. In diving, Cody has earned numerous honors, including 1st place in all districts, regionals, and states. He received recognition as an all american diver, district champion, regional champion for high school dive, and competed at USA Dive Junior Nationals. Next year, Cody plans to attend West Virginia University where he will dive in NCAA division 1 and study aerospace engineering. Cody's parting advice for the frogs is "have fun and keep showing up".

CHARLIE COLWILL (Fairfax)

Charlie graduated from Fairfax High School. He has been diving with the Fairfax Frogs for 4 years. Outside of the pool, Charlie plays and coaches ice hockey and plays lacrosse. Charlie has earned numerous awards and recognitions including academic and sports honor roles, being goalie for Virginia High School ice hockey all star team, Virginia Board of Education Biliteracy award, and the Governor's Certificate of Recognition for Early Scholars Program. Next year, Charlie plans to attend Michigan State University where he will study Human Biology of medicine, on the pre-med track. Charlie's parting advice for the frogs is "never forget to have fun. If you can't find fun in what you're doing then you shouldn't be doing it. So involve yourself into as much as you can and live your life to it's fullest."

SAWYER ANDREWS (Fairfax)

Sawyer graduated from Robinson Secondary School. He has been diving with the Fairfax Frogs for 4 years. Outside of the pool, Sawyer plays in the orchestra and is on his high school dive team. Sawyer has earned numerous awards and recognitions including 4th place at the dive state championship, Robinson Boosters Award, and participated in the Philharmonic Orchestra. Next year Sawyer plans to attend Northern Virginia Community College. Sawyer's parting advice for the frogs is "send hard dives even if you're scared."

ISABELLE WHANG (Oakton)

Isabelle enjoyed 9 memorable summers with the Oakton Otters. Every summer, the Otter family blessed her with new friendships, inspiring mentors, and lasting memories. She has loved having the privilege to give back to the team through being a coach the past 3 summers. She hopes all the Otters never lose the uplifting spirit of the team. In the fall, Isabelle will be attending Brown University where she will study and continue her diving career.

THIBAUT LEDE (Oakton)

Starting at age eight with the Oakmont REC program under Coach Ken, Thibault's love for diving grew into a passion that led him to the Dominion Dive Club, where he competed at high levels and grew both personally and athletically. His time at OSRC was defined by a strong sense of community, cherished friendships, and favorite memories like the annual boat race. Leaving his teammates with the advice to work hard, push past limits, and enjoy the journey, Thibault is excited to begin his next chapter after graduation at the University of Pittsburgh, where he will continue his education and diving career as a proud member of the Panthers diving team.

MARLEIGH DASILVA (Vienna Woods)

Marleigh started diving when she was 7½ years old and is leaving an incredible legacy at Vienna Woods - holding the pool records in the Freshman, Intermediate, and Senior Girls divisions. Beyond summer diving, Marleigh is a three-time Virginia High School State Champion. She is the first Virginia high school girl to score over 500 points at the state championship meet, setting both the state championship record and the new all-time Virginia 11-dive record with a score of 515.90. She is also a four-time NISCA First Team All-American and was named the 2026 NISCA National Champion. Marleigh trains year-round with Dominion Dive Club. This summer, she earned a spot on Team USA and will represent the United States at the 2026 World Aquatics Junior Diving Championships in Croatia at the end of August before beginning her collegiate career at the University of Pittsburgh.

MICHAEL DESANDO (Vienna Woods)

Michael has spent the last two years diving for Vienna Woods and was a dedicated four-year varsity diver at Marshall High School. He will attend NOVA this fall with plans to transfer to George Mason University. When he's not at the pool, you'll likely find him lifting at the gym or rewatching The Vampire Diaries. He is also a proud big brother to a brother and sister. Congratulations, Michael, and best of luck on your next adventure!

ACTION PHOTOS OF YOUR DIVER

For the first time ever, we'll be taking high-resolution action photos throughout Divisionals to capture every approach, dive, and entry, alongside smiles, group pictures, and more!

Frame-worthy digital downloads will be available online shortly after the meet for just **\$12**, with discounted multi-photo bundles available!

It's a great way to grab a fantastic, high-quality memory of your athlete while raising funds for Oakton Dive Team! **Scan the QR code at check-in on Sunday to bookmark the gallery.**

WIFI: OSRCWIFI

Password: OaktonOtters