

# **NVSL DIVING**

**DIVISION I**



**INDIVIDUAL CHAMPIONSHIP  
& ALL-STAR QUALIFIER MEET**

**AT**

**DONALDSON RUN**

**July 21, 2024**

## ESTIMATED TIME SCHEDULE

FRESHMAN GIRLS WARM-UP	7:40 AM
NATIONAL ANTHEM & OATHS	7:55 AM
<b>FRESHMAN GIRLS</b>	<b>8:00 AM</b>
FRESHMAN BOYS WARM-UP	8:25 AM
<b>FRESHMAN BOYS</b>	<b>8:40 AM</b>
JUNIOR GIRLS WARM-UP	9:00 AM
<b>JUNIOR GIRLS</b>	<b>9:20 AM</b>
JUNIOR BOYS WARM-UP	10:00 AM
<b>JUNIOR BOYS</b>	<b>10:20 AM</b>
PRESENTATION OF DIVISIONAL AWARDS	10:50 AM
INTERMEDIATE GIRLS WARM-UP	10:55 AM
<b>INTERMEDIATE GIRLS</b>	<b>11:15 AM</b>
INTERMEDIATE BOYS WARM-UP	11:50 AM
<b>INTERMEDIATE BOYS</b>	<b>12:10 AM</b>
SENIOR GIRLS WARM-UP	12:30 AM
<b>SENIOR GIRLS</b>	<b>12:50 PM</b>
SENIOR BOYS WARM-UP	1:30 PM
<b>SENIOR BOYS</b>	<b>1:50 PM</b>
ESTIMATED END	2:40 PM

THE BOLDED START TIMES ARE FOR THE ACTUAL DIVING EVENT. PLEASE BE THERE 30 MINUTES BEFORE YOUR EVENT. WARM-UPS WILL BE IMMEDIATELY **BEFORE** YOUR START TIME FOR APPROXIMATELY A 15-20 MINUTE PERIOD.

THE AWARDS FOR EACH GROUP WILL BE PRESENTED DURING THE WARM-UP PERIOD FOR THE NEXT GROUP. THE DIVISION CHAMPIONSHIP TROPHY AND THE SPORTSMANSHIP AWARD WILL BE PRESENTED AFTER THE JUNIOR BOYS COMPETITION.

Special thanks and appreciation to the Donaldson Run Recreation Association dive team representatives, divers and parents, staff, and other members who kindly provided us the use of their facilities to hold the Division I meet this year. Many thanks to all meet officials at the tables and on the decks whose help is so essential to meet operations.

A true thank you to the coaches for their caring help that goes beyond teaching dives. And the greatest of thanks to all the divers in Division I, who have shared their talents with us this season.



## QUALIFYING FOR ALL-STARS

The highest three scores in each event are eligible for the All-Stars meet. The next three finishers will be the alternates for his/her age group and will be able to participate in All-Stars if the top three qualifiers are unable to attend.

Divers who placed in the top eight in the previous year's All-Stars meet AND who finish no lower than first alternate (4<sup>th</sup> Place) in this year's divisional championship meet qualify for the All-Stars meet.

2023's All-Stars top eight finishers now diving in Division I are:

FB	Will McCool (DR)
FB	Tyler Kroopnick (OAK)
FB	Brian Stegmaier (OKM)
JG	Alex Klimek (DR)
JG	Lily Carpenter (F)
JB	Trey McIntosh (F)
IG	Anya Osterhout (OKM)
IB	Noah Laccone (F)
SG	Isabelle Whang (OAK)
SG	Stella Barclay (O)
SG	Olivia Roca (F)
SB	Brendan Doe (OAK)

Additionally, divers who achieve a divisional championship meet score equal to or greater than the average fifth place All-Stars score for their age group (listed below) will qualify for the All-Stars meet regardless of place finish.

### Average All-Stars Fifth Place Scores

Freshman Girls	71.02	Freshman Boys	68.85
Junior Girls	102.08	Junior Boys	98.07
Intermediate Girls	135.87	Intermediate Boys	136.06
Senior Girls	183.80	Senior Boys	200.05

### **TEAM COACHES**

Donaldson Run	Head Coach Brian Coonce Junior Coaches Jack Reed, Jenna Sheetz, Sam Mulchandani, Jack Bowman, Audrey Bowman, and Arissona Winn
Fairfax	Head Coach Kenny McAdoo Coaches Christian Anderson, Greer Dempster, and Lexi Haynie
Oakton	Head Coach Ken Hansen Assistant Coach Katie Vaughan Junior Assistant Coach Sophie Whang Clinic Coach Cheryl Meltz-Kroopnick
Old Keene Mill	Head Coach Christian Bowersox Assistant Coaches Cara DeJesus and Liam Miller
Overlee	Co-Coaches John Barry & Dani Seltzer Junior Coaches Nate Cohen, Michayla Eisenberg, and Sophie Deegan
Vienna Woods	Head Coach Seth O’Dea Assistant Coach Laura O’Brien Junior Coaches Dylan Paci and Marleigh daSilva

### **TEAM REPRESENTATIVES**

Donaldson Run	Sarah McDonnell, Elizabeth Fitzgerald, and Wes Bowman
Fairfax	Mary Stinnett and Dawn Dempster
Oakton	Diana Blanco and Kelly Emerick
Old Keene Mill	Sean Stegmaier and Alli Shrieves
Overlee	Shalla Ross, Deb Cohen, and Elizabeth Deegan
Vienna Woods	Rachel Paci

### **MEET OFFICIALS**

NVSL Division 1 Coordinator: Sheri Crotty  
Meet Managers: Sheri Crotty and Sarah McDonnell (DR)  
National Anthem: Jenna Sheetz (DR)

**DIVISION 1 FRESHMAN DIVERS**

(Ages 10 and under)

<b><u>FRESHMAN GIRLS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Brynn Strano	F		
Callie Moriarty	DR		
Chloe Sanglier	OAK		
Eleanor Brown	O		
Finley McDonnell	DR		
Isla-Kate Reese	OKM		
Kaitlyn Kimmitt	O		
Katherine Emerick	OAK		
Kylie O'Brien	VW		
Liliana Cappoli	O		
Lillian Morschauser	VW		
Mallory Brown	OKM		
Savannah Barry	VW		
Sophia Blanco	OAK		

**DIVISION 1 FRESHMAN DIVERS (Cont.)**

(Ages 10 and under)

**FRESHMAN BOYS**

**SCORE**

**PLACE**

Brian Stegmaier	OKM		
Connor Barron	F		
Cooper Morschauser	VW		
Gabe Wilson	OAK		
Graham Smith	OAK		
Jake Conques	OKM		
Jasper Carpenter	F		
Tyler Kroopnick	OAK		
Will McCool	DR		
Zachary Yen	O		

**DIVISION 1 JUNIOR DIVERS**

(Ages 11 and 12)

<b><u>JUNIOR GIRLS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Alex Klimek	DR		
Alexandra Bagully	OKM		
Eleanor Chang	VW		
Emma Strano	F		
Emme Waltrup	O		
Greta Bowser	O		
Kenly McAllister	O		
Lauren Emerick	OAK		
Lily Carpenter	F		
Lily Klein	DR		
Mackenzie Karrels	VW		
Makayla Barnes	F		
Paige Randall	OKM		
Pippa Chin-Fatt	DR		
Simone Wilson	OAK		



**DIVISION 1 JUNIOR DIVERS (Cont.)**

(Ages 11 and 12)

<b><u>JUNIOR BOYS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Archer Kouhestani	O		
Carter Williams	O		
Christopher Barron	F		
Elijah Hawley	VW		
Jack Taylor	DR		
Matthew Hughes	OKM		
Peyton Farahi	F		
Ravi Martinez	DR		
Reed Conques	OKM		
Tommy Edgerton	DR		
Trey McIntosh	F		
Treyton Green	OKM		
Tyler Brown	VW		

**DIVISION 1 INTERMEDIATE DIVERS**

(Ages 13 and 14)

<b><u>INTERMEDIATE GIRLS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Anna Dober	O		
Cally Coddling	F		
Carleigh Devlin	F		
Caroline Copes	OKM		
Charlotte Henderson	OAK		
CiCi Yen	O		
Ella Henderson	OAK		
Madelyn Speed	OKM		
Samantha Kluger	OKM		
Scarlett Waltrup	O		
Shannon Stegmaier	OKM		
Skylar Harris	VW		
Taylor McDonnell	DR		

<b><u>INTERMEDIATE BOYS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Caleb McManus	OAK		
Connor Timm	OAK		
Eli Chin-Fatt	DR		
Luke Nobles	OKM		
Michael Staren	DR		
Mount Richmond	VW		
Peyton Reed	VW		

**DIVISION 1 SENIOR DIVERS**

(Ages 15-18)

**SENIOR GIRLS**

**SCORE**

**PLACE**

Audrey Bowman	DR		
*Greer Dempster	F		
Isabelle Whang	OAK		
Jenna Sheetz	DR		
Kayla Knight	OAK		
*Lexi Haynie	F		
*Michayla Eisenberg	O		
Olivia Roca	F		
Rachael Pulice	OKM		
Sophie Bourdelais	VW		
Stella Barclay	O		

\* Denotes 2024 Graduating Senior

**DIVISION 1 SENIOR DIVERS (Cont.)**

(Ages 15-18)

<b><u>SENIOR BOYS</u></b>		<b><u>SCORE</u></b>	<b><u>PLACE</u></b>
Brendan Doe	OAK		
Cody Schneider	F		
Dylan Paci	VW		
Ivor Brown	VW		
Jack Bowman	DR		
Jack Reed	DR		
Jon Anthony Montel	OAK		
*Liam Miller	OKM		
Nick Tressler	O		
*Nick Wanzer	VW		
*Noah Wanzer	VW		
Sawyer Andrews	F		

\* Denotes 2024 Graduating Senior

## MEET VOLUNTEERS – DIVISION I

	<b>Announcer</b>	<b>Table Workers</b>	<b>Referee and Judges</b>
<b>Freshmen</b>	Wes Bowman (DR)	Mary Stinnett (F) Anjali Martinez (DR) Beth Chang (VW) Liz Fitzgerald (DR) Mary Bowersox (OKM) Sheri Crotty	Lee Bowersox* (OKM) Thomas Joyce Lesley Reed (DR) Araceli Hughes (OKM) Ellie Coddling (F) Katie McAllister (O) Dawn Dempster (F)
<b>Juniors</b>	Wes Bowman (DR)	Gayla Keenan Timm (OAK) Devon Staren (DR) Mishel Brown (OKM) Erin Barry (VW) Mary Bowersox (OKM) Sheri Crotty	Lee Bowersox* (OKM) Dawn Dempster (F) Mary Stinnett (F) Annie Yan (O) Noah Paci (VW) Lesley Reed (DR) Elaine Reed (VW)
<b>Intermediates</b>	Wes Bowman (DR)	Ioana Montel (OAK) Karen Pulice (OKM) Ginny Barron (F) Scott Barclay (O) Mary Bowersox (OKM) Sheri Crotty	Lisa Campbell* (VW) Tom Schneider (F) John Bourdelais (VW) Katie McAllister (O) Nancy Wanzer (VW) Noah Paci (VW) Tracy Tressler (O) Jenn Doe (OAK)
<b>Seniors</b>	Wes Bowman (DR)	Perri Henderson (OAK) Alison Copes (OKM) Liz Fitzgerald (DR) Claire McManus (OAK) Mary Bowersox (OKM) Sheri Crotty	Lee Bowersox* (OKM) Lisa Campbell (VW) Elaine Reed (VW) Mary Stinnett (F) Ellie Coddling (F) SGs Jenn Doe (OAK) SGs Mark Miller (OKM) SBs Daniel Whang (OAK) SBs Dawn Dempster (F)

\* Denotes Referee

### Diver and Volunteer Check-In Table at Entrance

**7:30-9:30am** – Daniel Whang (OAK) and Mike Crotty

**9:30-11:30am** – Mike Crotty

**11:30am-1:30pm** – Mike Crotty

## **GRADUATING SENIORS**

### **BENNETT WOZNY (OAKTON SWIM AND RACQUET CLUB)**

Bennett started diving just 3 years ago. As a sophomore at Oakton High School, he decided to try out for the dive team (never having dove before). Luckily, Coach Cheryl was willing to take a chance on him. He continued diving throughout his time at Oakton High School and in the summers with Oakton Otters.

Bennett graduated from Oakton High School, where he was a member of the football team and the swim & dive team. In the summers, he has also been a long time member of the Fair Oaks Sharks swim team (since age 4) and is a swim coach there this summer. He will be attending James Madison University in the fall and plans to major in communications.

Bennett has enjoyed being a part of Otters since the first day he joined. Some of his favorite memories on the team include staying at the pool all day building boats with cardboard and duct tape, winning the boat race of course, and all of the team dinners. He wants to thank his coaches, especially Coach Cheryl and Coach Ken. He will never forget their impact on him, and wants to remind them to keep up the Otter traditions, as that is what makes this team so unique. He can't wait to see them succeed in the future! Go Otters!

### **GREER DEMPSTER (FAIRFAX SWIMMING POOL)**

Greer is a recent graduate of Woodson High School. She began diving at the Fairfax Pool at the age of 6. She has enjoyed being a member of the dive team and has many fond memories of the team and her coaches. She was happy to share her love for the sport over the past two years as a dive coach. During high school Greer also participated in cheer, basketball, and lacrosse. Greer plans to attend the University of Tennessee, where she will study Nutrition.

### **LEXI HAYNIE (FAIRFAX SWIMMING POOL)**

Lexi has been with the Fairfax Frogs for 10 years and is now in her 3rd year of coaching. She graduated from Robinson Secondary School, where she dove for two seasons and played varsity soccer for four seasons. This fall, she will be attending the University of Georgia, where she will study business.

### LIAM MILLER (OLD KEENE MILL SWIM AND RACQUET CLUB)

Liam is proud of the time spent with his dive teammates at OKM, where he began diving at age of 5. Liam has quite a list of diving accomplishments in High School and with USA diving. He was recently named High School Diving All American for the 4th consecutive year. Liam owns both the 6 dive and 11 dive Lake Braddock diving records. He has also competed in 5 USA Junior National Diving Championships including the 1 meter, 3 meter and platform events. Liam will continue his diving career in the fall, where he will attend and compete for the University of Virginia.

### MICHAYLA EISENBERG (OVERLEE COMMUNITY ASSOCIATION)

Michayla has been a part of the Overlee Dive team since she was 6, when she wandered over to the dive well and found Coach John Barry. She developed a love for the sport and began competing year-round by the age of 9 with Dominion Dive Club (DDC). She is grateful for the memories and friendships she has developed over the years and shares her enthusiasm for the sport as a member of the Overlee Dive coaching staff where she has been a Junior Coach for the past two years. Michaya is a graduate of the Flint Hill School, where she was a Swim and Dive Team Captain, the VISAA State Champion three times, placed first at METROS this year, and earned All American three times. The *Washington Post* recognized her hard work and achievements this year, naming her to the All-Met Swim and Dive First Team. She will be diving as part of the Virginia Tech Swim and Dive team and studying Exercise and Health Science in the fall.

### NICK WANZER (VIENNA WOODS SWIM AND TENNIS CLUB)

Nick Wanzer started diving at Vienna Woods in 2012 at six. He is a 4x VHSL All American qualifier, 7x USA Diving National Qualifier, and 2X USA Diving National Finalist. He is committed to the University of Virginia, where he will continue his diving career as part of the UVA Swim and Dive team.

Nick has helped coach diving at Vienna Woods for three years and being a lifeguard for four years. His favorite memory as part of the Vienna Woods dive team is participating in his first Wally Martin meet in 2016 and doing synchro diving with his brother Noah.

Nick would like to thank his parents and family members, Mrs. Campbell, his friends, and his Vienna Woods and DDC coaches, especially Coach Stephanie for their guidance, support and encouragement over the years.

Nick's advice for other divers is to realize that your potential is not determined by your natural talent in this sport but by your will to work for what you want to achieve.

#### NOAH WANZER (VIENNA WOODS SWIM AND TENNIS CLUB)

Noah Wanzer has been diving at Vienna Woods since he was six. He has enjoyed being a part of The Woods every summer, and his favorite memories include doing synchro diving in the Wally Martin meets with his brother Nick.

In addition to diving on the team, Noah helped coach for three years and has been a lifeguard for four summers. He has qualified/participated in several NVSL Divisional and All-Star meets. As a year-round diver, Noah is a 2x VHSL All-American qualifier and a 3x USA diving National Qualifier.

Noah will attend NC State next year to study nutrition science and continue his diving career as a member of the NC State Swim and Dive team. Noah would like to thank his parents, Vienna Woods and DDC coaches, family and friends, and Mrs. Campbell for supporting him through the years. Without all these people's support and encouragement, getting to this point wouldn't have been possible.

Noah's advice for other divers is to keep pushing forward and not give up, even when faced with setbacks such as ongoing injuries.